**NH In-Person Al-Anon Meetings**

Some in-person meetings may require masks at this time.

**MONDAY - Dover 9:00 AM**
Triangle Club, 120 Broadway Ave, Meeting is held downstairs
WSO Group #30708403, District 2 (O)

**MONDAY - Milford 7:00 PM**
St. Joseph Urgent Care, 442 Nashua St. Meeting room to right after entering main entrance. WSO Group #62515, District 8 (C)

**MONDAY - Manchester 6:30 PM**
Fairbridge Church, 301 S Main St, use side entrance
WSO Group #45304, District 10 (O)

**MONDAY - Wilmot 6:30 PM**
Wilmot Public Library - Creativity Lab, 11 North Wilmot Rd
WSO Group #30774488, District 8 (H,O)

**MONDAY - Henniker 7:30 PM**
Congregational Church of Henniker, 33 Maple St. Enter building across from church by left side door. Meeting is upstairs
WSO Group #30701763, District 1 (O)

**TUESDAY - Dover 9:00 AM**
Triangle Club, 120 Broadway Ave, Meeting is held downstairs
WSO Group #30708403, District 2 (O)

**TUESDAY - Plymouth 4:00 PM**
Common Man Restaurant, 231 Main St. Enter lobby, turn right, 1st meeting room on right. WSO Group #501212, District 4 (H,O)

**WEDNESDAY - Dover 9:00 AM**
Triangle Club, 120 Broadway Ave, Meeting is held downstairs
WSO Group #30708403, District 2 (O)

**WEDNESDAY - Bedford 10:00 AM**
Bethany Covenant Church, 1 Covenant Way off NH RT 101
Enter lobby, turn right, 1st meeting room on right
WSO Group #48518, District 10 (H,C)

**WEDNESDAY - Manchester 6:15 PM**
Fairbridge Church, 301 S Main St, Use front door off sidewalk.
Go up stairs, first door to left. WSO Group #30611610, District 10 (C)

**WEDNESDAY - Hampstead 7:30 PM WOMENS MEETING**
Hampstead Congregational Church, 61 Main St
Use side Timberlane Rd entrance. WSO Group #502409, District 9 (C)

**WEDNESDAY - Warner 7:30 PM**
43 East Main Street, Park in lot behind the church, enter through back entrance in center of building. WSO Group #30734740, District 1 (O)

**WEDNESDAY - Nottingham 7:00 PM**
Town Offices, 139 Stage Rd. WSO Group #60058, District 2 (O)

**WEDNESDAY - Meredith 8:00 PM**
Meredith Congregational Church, 4 Highland St.
WSO Group #66450, District 4 (H,O)

**THURSDAY - Dover 9:00 AM**
Triangle Club, 120 Broadway Ave, Meeting is held downstairs
WSO Group #30708403, District 2 (O)

**THURSDAY - Hampton 9:30 AM BEGINNERS MEETING**
Our Lady of Miraculous Medal Church, 289 Lafayette Rd.
Meet downstairs. WSO Group #44716, District 12 (O)

**THURSDAY - Hampton 10:30 AM**
Our Lady of Miraculous Medal Church, 289 Lafayette Rd.
Meet downstairs. WSO Group #44716, District 12 (O)

**THURSDAY - Conway 12:00 PM**
Journey Church, 15 Hutchins Drive, Use side door on the left to enter
WSO Group #60851, District 5 (O)

**THURSDAY - Littleton 6:00 PM**
First Congregational Church, 189 Main St
WSO Group #48543, District 6 (H,O)

**THURSDAY - Plaistow 7:00 PM**
First Baptist Church, 122 Main St.
Use first floor, back door go straight to room at end of hall
WSO Group #52697, District 9 (H,C)

**THURSDAY - Laconia 7:00 PM**
Congregational Church Parish House, 18 Veteran's Square
WSO Group #899, District 4 (H)

**FRIDAY - Dover 9:00 AM**
Triangle Club, 120 Broadway Ave, Meeting is held downstairs
WSO Group #30708403, District 2 (O)

**FRIDAY - Laconia 10:00 AM**
Congregational Church Parish House, 18 Veteran's Square.
Enter through side door, WSO Group #48669, District 4 (H,O)

**FRIDAY - Center Ossipee 10:30 AM**
First Congregational Church of Ossipee, 50 NH-168
Enter rear door of family life center with yellow ramp
WSO Group #3052305, District 5 (H,C)

**FRIDAY - Manchester/Goffstown 6:30 PM**
695 Mast Road, Look for a green “695” biz sign.
Driveway between Bartlett School and Dance Visions.
Last unit of bldg, far left. Entrance and parking behind building.
WSO Group #503815, District 10 (H,C)

**FRIDAY - Enfield 7:00 PM**
Community Lutheran Church, 96 Main Street
WSO Group #8981, District 3 (O)

**SATURDAY - Dover 9:00 AM**
Triangle Club, 120 Broadway Ave, Meeting is held downstairs
WSO Group #30708403, District 2 (O)

**SATURDAY - Londonderry 9:30am**
St. Mark’s Church, 1 South Rd. WSO Group #42010, District 9 (O)

**SATURDAY - Hampton 1:00 PM**
Our Lady of the Miraculous Church, 289 Lafayette Rd.
Parish Hall downstairs, WSO Group #30478, District 12 (H,O)

**SUNDAY - Portsmouth 9:00am**
Portsmouth Senior Center, 125 Cottage St
WSO Group #30923880, District 12 (H,O)

**SUNDAY- Bedford 9:30am**
Old Bedford Town Hall, 70 Bedford Center Rd
WSO Group #30093, District 2 (H,C)

**SUNDAY- Claremont 7:00pm**
TLC Recovery, 62 Pleasant St. WSO Group #8972, District 3 (O)

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**Al-Anon & Alateen Family Groups**
New Hampshire

**Meeting List**
January 12, 2022

For more information or questions, Answering Service: 603-369-6930

NH Al-Anon website: www.nhal-anon.org
Worldwide Al-Anon: www.al-anon.org

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**Information for Groups**
Please keep your meeting information up to date. Email details to group-records@nhal-anon.org or use the updater found under the members section of www.al-anon.org website.

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**Tradition 7 Donations**
Make check payable to AFGNH, Inc. Be sure to include your group or district # on the memo line Send to: AFGNH, Inc. PO Box 220 Concord, NH 03302

Group & individual contributions can also be made electronically via the “DONATE” tab on the nhal-anon.org website. Include your group # with donation.

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**2022 Area Meetings**

<table>
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<tr>
<th>Area Meetings</th>
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<td>AWSC Meetings: (Officers, Coordinators &amp; Dls vote)</td>
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<td>April 23, 2022</td>
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<td>October 15, 2022</td>
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There are currently no Alateen meetings being held in New Hampshire. Online Alateen meetings may be accessed through the Al-Anon Family Groups Mobile App accessed at Al-Anon.org.
Temporary NH Electronic Al-Anon Meetings

These meetings have paused meeting in-person and have chosen to meet online during the Covid-19 pandemic - or a hybrid of both. This list will be updated often.

**WEDNESDAY**

**Antrim 6:00 PM**
WSO Group #30649607, District 7, (0)
Zoom Meeting ID: 825 6820 3953 Password: Antrim
Or join using telephone #646-876-9923, meeting ID 825 6820 3950, Password 480060 Email with questions or help with zoom at district7@nhal-anon.org

**Berlin 7:00 PM**
WSO Group #501106, District 6, (0)
Zoom Meeting ID: 921 7365 2459 Passcode: 1234

**Lebanon 7:00 PM**
WSO Group #30529642, District 3, (0)
Zoom meeting ID: 339 722 394
Join by phone: 1-203-215-8782, mtg 339722394#
Contact Elaine with access issues 603-727-6595

**Manchester 7:00 PM**
WSO Group #44541, District 10, (0)
Join using www.freeconferencecall.com
Meeting ID: NHAlAnonD10 Access Code 478186 Dial in use phone number (701) 802-5298

**Tilton 6:00 PM**
WSO Group #30562366, District 1, (0)
Zoom Meeting ID: 89831806861 password: 306282

**Hampton 7:00 PM**
WSO Group #66976, District 12, (0)
Zoom Meeting ID: 591 344 7251 Passcode: 892328
Dial in, use phone # (646) 558-8656

**Portsmouth 9:00 AM**
WSO Group #30689619, District 12, (0)
Zoom Meeting ID: 955 9629 1094 Passcode 892328

**Laconia 10:00 AM**
WSO Group #48669, District 4, (0)
Call 978-990-5000 and use code 164-404 for access

**Tilton 6:00 PM**
WSO Group #30688895, District 1, (0)
Zoom Meeting Code: 89831806861 Password: 306282

**Dover 7:00 PM**
WSO Group #25269, District 2, (0)
Zoom Meeting ID: 837 9589 7793 Passcode: 509312

**Enfield 7:00 PM**
WSO Group #9891, District 3, (0)
Zoom Meeting ID: 941911505 Password: 2020
By Phone: 1 203 215 8782, 941911505# PW: 2020

**North Conway 7:00 PM**
WSO Group #9026, District 5, (0)
Zoom meeting ID #235 955 5905 Contact Host Alan (603) 738-0149 with access questions

**THURSDAY**

**Concord 12:00 PM**
WSO Group #44273, District 1, (C)
Dial-in on freeconferencecall.com, call 978-990-5283, access code 593690. Contact concordthursday@gmail.com with questions

**Keene 12:00 PM**
WSO Group #61705, District 7, (0)
Zoom Meeting ID: 825 6820 3953 Password: Keene
Or join using telephone #646-876-9923, meeting ID 825 6820 3950, Password 480060 Email with questions or help with zoom at district7@nhal-anon.org

**Exeter 5:30 PM**
WSO Group #30679039, District 2, (0)
Zoom Meeting ID: 854 5082 6146 Passcode: 613051

**FRIDAY**

**Portsmouth 9:00 AM**
WSO Group #30526380, District 12, (0)
Zoom Meeting ID: 884 9782 9798 Password: 892328

**Keene 5:00 PM**
WSO Group #30563138, District 7, (0)
Zoom Meeting ID: 825 6820 3953 Password: Keene
Or join using telephone #646-876-9923, meeting ID 825 6820 3950, Password 480560 Email with questions at district7@nhal-anon.org

**Claremont 7:00 PM**
WSO Group #8972, District 3, (0)
Zoom Meeting ID: 875 7190 0962 Password: 499354

**Nashua 7:00 PM**
WSO Group #32180, District 8, (C)
Zoom Meeting ID: 982 181 856 Password: 011402

**Portsmouth 7:00 PM**
WSO Group #30609431, District 12, (0)
Zoom Meeting ID: 993 4749 1264 Password: 892328

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Did you know your group can access group resources like guidelines, the service manual, blogs and more under the members section at al-anon.org?

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What do the letters mean? (Q) means the group welcomes families, friends, and observers.
(C) means the group welcomes families and friends only (not observers).
(H) when meeting in-person, the location is accessible to people with physical disabilities.
Have questions? Call our answering service for assistance: 603-369-6930.