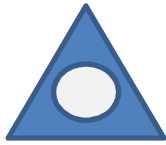


NH Area World Service Committee



Alanews

Connecting New Hampshire's Al-Anon and Alateen Members December 2019

Vol. 17, No. 12

STEP UP TO RECOVERY

STEP UP TO SERVICE _ _ _ _ _

I stepped up to service in Al-Anon when I was asked..asked ..asked. Once I said "Yes" I always learned so much about myself and others. It gave me a new view of my recovery. How far I had come and how much more I had to learn. When I first came to Al-Anon, I was a loner, and always left right after the meeting, until someone asked me to make the coffee. Wow! What a gift that was to me. I was finally a part of the group, but that was after I had asked someone how to make the coffee. At that time I did not drink coffee!!

The joy of meeting and working with other Al-Anon members in service has helped me realize what a wonderful recovery family I have. Being an "I can do this" person is a wonderful feeling because I know that when I can't do something there are other members that will help me. All I have to do is ask. How GREAT is that!! In all the service positions that I have stepped into I have never done it alone, I have always asked and was so grateful for the many members that walked the road of recovery through service with me.

So .. I ask each of you to consider taking a vacant position in your Group or District or if you have served as GR in your group to consider a Coordinator position in our Area. I would love to hear from you if you have any questions. You can contact me at delegate@nhal-anon.org.

Thank you, NH Al-Anon members for the wonderful opportunity you provided me to serve as your Delegate for these past three years. It has been awesome!! Thanks to all the new panel members who will take over the leadership roles in 2020!! Let's support them by stepping up to service!!

Wishing you all a Healthy and Happy Holiday Season,

Nancy D

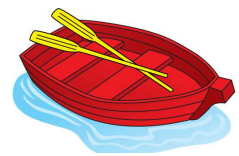


WHO WILL ROW THE NH AL-ANON BOAT AS THE NEW YEAR BEGINS?

At the November AWSC meeting, Jean C. was confirmed as A.A. Liaison, Dotty D. is now

officially AAPP, and Vince A. is 2020 Convention Chair. Below are the unfilled Area positions. Step up to service. For information email Noah at alt-delegate@nhal-anon.org

- Please step up to---
- Alanews
- Alateen Coordinator
- Answering Service
- Archives
- Forum
- Group Records
- Literature
- Public Outreach
- Website



"When I got busy, I got better."

IMPORTANT INFORMATION FROM THE AREA TREASURER

The new Bylaws approved at the May 19, 2019 Assembly changed the name of our non-profit corporation to *Al-Anon/Alateen Family Groups New Hampshire, Inc.* (AFGNH, INC). The new corporate name was registered with the NH Secretary of State/ Corporate Division, the Charitable Trusts Division, NH Department of Justice, the Concord, NH City Clerk, and the Internal Revenue Service. All vendors, including TDBank and the USPS, have been notified of the change of name.

When making donations please make the check or money order payable to "AFGNH, INC", include your meeting group number or district number, and mail to
AFGNH, Inc.
PO Box 220
Concord, NH 03301-0220

Concord Thursday Noon Steps to Serenity 30th Anniversary

Noon-2 PM, December 5~ Al-Anon and AA Speakers
First Congregational Church, 177 N Main Street, Concord
Parking- Take N. State Street to Washington Street at 393 sign
All welcome*Bring the family* Refreshments* Drawings

Last acronym of the year

FEAR

Future Events Already Ruined or choose Face Everything And Recover in Al-Anon



HOLIDAY MEETING CHANGES

If your meeting will change during the holiday season but is not on this list, please notify

webcoordinator@nhal-anon.org

Antrim Step Meeting, 42 Main Street Avenue A Teen Center **will** have a Christmas night meeting as regularly scheduled Wed. 6:00 to 7:15 PM.

Steps to Serenity Meeting at Bethany Covenant Church in Bedford, NH, Wednesday mornings from 10 – 11:30 a.m. will NOT have a meeting on the following days: Wednesday, December 25, 2019 (Christmas Day), and Wednesday, January 1, 2020 (New Year's Day).

The 7:30 pm Bedford (New Hope) meeting is cancelled on Tuesday, December 24, 2019 (Christmas Eve) and Tuesday, December 31, 2019 (New Year's Eve).

Please check with your local group if in doubt about holiday meetings. And best wishes to all for the holiday season.

See you in Detroit!

Online registration for the 2020 International Convention of Alcoholics Anonymous (A.A.) with Al-Anon participation is open. The Convention will be held July 2–5, 2020 in Detroit, Michigan with the theme "Love and Tolerance is our Code."

A.A. members and guests from around the world will celebrate A.A.'s 85th year at this event with big meetings on Friday night, Saturday night, and Sunday morning in the Ford Field Stadium.

Advanced registration for the Convention is available through April 15, 2020 for \$115.00 US per attendee. Registration after April 15, 2020 will be \$140.00 US per attendee.

Al-Anon participation will include a variety of sessions held during the day on Friday and Saturday. Al-Anon members are also welcomed to attend the A.A. big meetings. Many attendees come early or stay late for a vacation. There are many fun things to do, so see you in Detroit!

Registration at:

<https://www.xpressreg.net/register/ICAA0720/landing.asp>

Starting January 6th 2020 the Keene Keep it Simple Group will begin a **12 week step study** using the *Reaching for Personal Freedom* workbook. The group meets on Mondays from 12:00 to 1:00pm in the Parlor at the United Church of Christ on 23 Central Square (Main St.), Keene. (entrance in back)**Come join us!**

Around the NH AREA

District 1 is discussing with groups in District 3 a possible merge. The next District 1 meeting is in January in New London. Milli is the District Rep. District 2 discussed business meetings and the importance of giving Group Reps a chance to report to groups. They are adding a paragraph about safety in meetings. Mary Lou is the new District Rep.

District 5 was represented at a recent event in North Conway, "Take a Walk in Our Shoes." *Al-Anon Faces Alcoholism* and other information was handed out. Advertisements in the Conway Daily Sun and Wolfeborough papers continue the District's outreach. The next meeting will be December 7 in Tamworth.

District 7- *Al-Anon Faces Alcoholism* and a new safety pamphlet came up for discussion, to bring awareness to groups. Laurie is the District Rep.

District 8- Descriptions of all co-ordinator positions were handed out. The District has communicated with all local school guidance personnel and has looked at Alateen Talk in support of the new Alateen meeting in Milford. Sue W. is District Rep.

District 9- Those present at the District meeting shared newspaper clippings related to Al-Anon and the holidays. Sharon is District Rep with Jan as Alternate.

District 10 reported that meetings are doing well, with newcomers arriving. Patti continues coordination of Farnum Center outreach. A new Manchester Alateen group is open, and growing slowly.

District 12-Ann is the new District Rep.

12 Step Workshop for Members of Al-Anon

December 13th – 15th, 2019

Garrison NY

Step Study is an essential part of recovery for persons in Al-Anon. During this weekend you will complete an intensive study of the 12 Steps in fellowship and a wonderful spiritual environment while sharing our experience, strength & hope. \$175 per person, Double Room \$250 per person Single Room

Sponsored by Al-Anon Diversity and Openness Group Sunday, Stroudsburg, PA, Graymoor Spiritual Life Center, Garrison NY
To register: online www.GraymoorCenter.org
or call 845-424-2111. Bring a Copy of "Paths to Recovery"

Chosen Agenda Items

Curious to know what a chosen agenda item is? At www.al-anon.org under Members -> World Service Conference (WSC) there's an archive of all WSC summaries. Chosen agenda items are listed there. These are topics that come up affecting Al-Anon as a whole, to be discussed by our delegates at the annual conference.

Many issues that have arisen at the group or district level become chosen agenda items. Take a look! If you want to suggest an item for the next World Service Conference, please email delegate@nhal-anon.org.