

N.H. Area 35 World Service Committee



Alanews

Connecting New Hampshire's Al-Anon and Alateen Members
October 2019

Volume 17, No 10



Turn It Over – At District 7's Camp Serenity workshop, participants made these colorful God boxes. Not only are they a place to put notes about what's bothering you, they're cheerful!

Shore Up Your Program

**36th NH Al-Anon/ Alateen Convention
with AA participation
November 1-3 2019**

The Margate Resort
76 Lake Street
Laconia, NH 03246
603 524-5210

Early registration \$20 by October 11

Convention schedule and registration form available at nhal-anon.org. Download or register online. (See "convention" drop-down)

For lodging, contact the Margate directly using code NH Al-Anon

Acronym Time

FEAR

False Evidence Appearing Real



N.H. Area Assembly

October 19th
Concord Hospital
250 Pleasant St, Concord

Boucher Family Conference Room

Please be there by 9:45am to get settled and registered. Meeting starts at 10am.

Only the officers are elected at the Assembly. New/Incoming GR's and DR's should be elected BEFORE the Assembly.

Districts will be asked to elect a DR at the Assembly if they have not done so before.

If members are interested in a Coordinator position, they should contact the Delegate (delegate@nhal-anon.org) or Alternate Delegate (alt-delegate@nhal-anon.org) and fill out a form. Those folks are confirmed at the November AWSC meeting by AWSC members. If they want more info on a position, they can email the Delegate or Alternate Delegate and ask questions.

Lunch is available in the hospital cafeteria or at nearby restaurants. There are indoor and patio tables for those who bring a lunch.

Group Reps please check your nhal-anon email boxes for agenda. Topics will include elections of officers and board; 2020 budget; technology update; coordinators' reports, AMIAS policy and Area Convention. And, it's a great Al-Anon networking opportunity.

50th Anniversary Plaistow Thursday Night Al-Anon

October 10 6:30-8:30
First Baptist Church
122 Main Street
Plaistow



AA and Al-anon speakers
Refreshments, drawings

Do you have Alanews sent to your email box? Send your first name and last initial plus preferred email address to alanews@nhal-anon.org.

Shore Up You Program
November 1-3, 2019, The Margate
Resort, Laconia, NH
Volunteer as a Hospitality Angel

Become a **Hospitality Angel** by emailing conventionhospitality@nhal-anon.org and let Ann E, Hospitality Chair know how you can help. **Let Hospitality Committee know all commitments to donations by October 19th, so we can start to plan better for November 1st.**

As a **Hospitality Angel**, suggest to your program friends to sign up to donate: small granola bars, small bags of chips/snacks, whole bananas, apples, pears, oranges, baked goods (with notes as to whether they contain nuts or dairy, or are gluten or gluten free), serving utensils, 7th Tradition donations to buy hot cups for lids we already have, tea bags, non-dairy creamer, bag of sugar. (Crockpot dishes are not needed)

As a **Hospitality Angel** you can check on ice, cups and coffee at the Convention.

Shore Up Your 2019
Convention

Get your home group, district or program friends to create a basket for the big drawing at the convention. Themed baskets are a other recovery items.



For discussion or questions, email Kate, Ways and Means

Souhegan Valley Alateen

Thursdays, 4:00 P.M.
Boys and Girls Club of Souhegan Valley
56 Mont Vernon Street
Milford, N.H.

Age range 12-18. Meeting will be in the music room next to theater lobby.

Manchester Alateen to be announced shortly at nhal-anon.org.

Area Notes

Discussion about redistricting will take place in the near future. It's important that all districts elect a district representative for 2020. This will be done at the area Assembly, or later if necessary. Participation is the key to harmony!

District 1- No business was discussed at the September meeting, as there was no quorum.

District 2- At the meeting, members reviewed the Area budget and decrease in donations. They noted a request for convention donations, including baskets for the drawing.

Districts 3,4 and 12- We need district reps!

District 7- Laurie is the new district rep. The summer workshop was a success.

District 8- At the August 28 meeting the 2020 budget was discussed. Attention to newcomers and how language matters was a topic. There will now be an Alateen meeting in Milford. The Thursday night beginner's meeting hands out copies of *How Al-Anon Works* at the first meeting.

District 9- There will be a meeting October 9 at Dunkin Donuts in Hampstead. New group representatives and a new district rep will be chosen. The Tuesday night meeting in Salem is closed.

District 10- The district sent Al-Anon members to do outreach at a table at Hope for Recovery, an event on September 21 in Manchester's Veterans' Park. Al-Anons participate in outreach at the Farnum Center the 3rd Wednesday of every month from 9:30-11:30 AM, and Tuesday and Wednesdays at 6 PM. A coordinator for Farnum outreach is needed. Contact Gloria, District 10 representative. (district10@nhal-anon.org)

New group--No Longer Alone Alateen
Faithbridge Church
3015 S Main St., Manchester NH 03102
Monday at 7PM Use Milford Street-Office Door-Second Floor

Jean C. has been confirmed as AA Liaison . Outreach coordinator, answering service coordinator and public outreach coordinator positions are still open. See pages 67 and 68 in the abridged Al-Anon/Alateen Groups at Work 2018-2021 service manual for more on coordinator positions. Beginning on page 140 of the unabridged service manual there's a complete description of links of service, detailing duties and means of electing service volunteers.

Nashua Thursday meetings for Thanksgiving, November 28, 2019.
Thursday morning at Millette Manor - cancelled
Thursday evening at United Way - 7:00 Al-Anon Beginner Meeting, 7:30 Al-Anon meeting,
Milford - Thursday Alateen meeting cancelled