

## Preview of the 2019 NH AI-Anon Convention

Pre registration is closed. Registration at the door is \$25.00 at the Margate, Laconia, NH  
Food donations are being accepted for the Hospitality Room.

### 3:00—7:00 pm **Registration**

3:00 Any one interested please meet at Prescott Farm on White Oaks Road, Laconia for the walk/hike. It is 2.4 miles from the Margate. Nice walk/hike on trails in a pine forest. The children's play park and flower gardens is worth visiting. No dogs allowed. Parking is limited car pool if possible.

More information [prescottfarm.org](http://prescottfarm.org).

Bring your Yoga mat for class with Jeanine Sat.&Sun AM

4:00-5:00 Early Bird Meeting

Open Topic Kath T. District 12

### **Dinner on you own**

7:00 - 8:15 pm **Welcome & Panel Discussion**

Let your worries drift away.

As We Understood

Pat W., Ann T., Nancy D.

**8:30 Bonfire & S'mores (weather permitting )**

## Saturday

### **9:00 Opening**

#### **9:15 - 10:15 am Workshops**

Life jackets are for safety. - Slogans  
Beaddie G & Diane A. District 2

Friendships made at the lake last a lifetime. - Meetings  
Theresa B.& Cherie B. District 9

Where do I go fishing? Technology for Recovery  
Bud S. District 7

#### **AA Workshop- Surrendering our Defects**

What's your tool box look like? In order to turn over our Character Defects. To have Peace Love and Joy in our lives. Georgia H.

#### **10:30 - 11:30 am Workshops**

Paddling up stream  
A Guide for the Family of the Alcoholic P7  
Jeannine L. District 7

I am stuck in the sand. - 4th Step  
Millie D. & Jean C. District 10

Be shore of yourself - Step 9  
David G. Rhode Island

**AA Workshop** -The Importance of Asking for HELP thru the fellowship and Your Sponsor. The way it works for me and how I stay connected Billy R.

#### **11:30 am -1:30 pm Lunch Break**

**1:30 – 2:30 pm Carly, AA, Sonja M. AI-Anon**

#### **2:45 - 3:45 pm Workshops**

Throw a Pebble in the lake- How to carry the message Step 12  
Adrienne A. District 8

Go fish - Service Speed Dating  
Sonja M, Pat W. Nancy D.

Help shore up fellow shipmates -Alcoholism The Family Disease  
P-4 Kathy T. District 12

#### **AA Workshop Experience Strength and Hope**

Our higher power created us all differently, just as the grains of sand that form the beach. We all form together to shore up our Recovery (Kathy S.)

#### **4:00 - 5:00 pm Workshops**

Mayday, mayday, my boat is sinking - Self Care  
Nancy M. District 5

Throw a pebble in the lake. - Concept 4 (skit from Conference)  
District 7

**AA Workshop-Faith, Our Greatest Gift, Our Greatest Responsibility.**

How we find our Faith practice our Faith and keep our Faith Strong in our Recovery. (Eric and Nikki)

6:00 – 7:15 pm

7:30 - 8:30pm

**Dinner in the Black Stone Lounge**

**Brian L. AA, David G. AI-Anon**

## Sunday

9:00 - 10:30 am **Kevin J. AA, & Ann T. AI-Anon Speaker**

After the convention if people want to participate in a sculpture walk in Meredith. More information and map [greatermeredith.org](http://greatermeredith.org). Recommend parking in [Hannaford](http://Hannaford) parking lot, crossing street and starting the walk along lake.

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