

N.H. Area 35 World Service Committee



Alanews

Connecting New Hampshire's Al-Anon and Alateen Members August 2019 Volume 17, No. 8

Cathedral of the Pines



Al-Anon and AA Speaker Meeting

Monday, September 2, 2019

Cathedral of the Pines

10 Hale Hill Road

Rindge, NH

Rain or shine 10-11 AM

Hosted by AA District 7

Arrive early to assure parking in the lot.

For directions, see www.cathedralofthepines.org.

Many Al-Anon and AA members from New Hampshire and Massachusetts begin the new season at this beautiful outdoor meeting. Carpooling is suggested to save parking space.



District 10

Thursday Night Hope meeting

Steps, Traditions, and Concepts

7-8:30 pm

moving to UNH Manchester

88 Commercial St. Room P307

Parking in rear. First night at this address **Sept 5, 2019**

Acronym Time



SLIP

Serenity **L**oses Its

Priority



Al-Anon World Service Committee

Sunday, August 18

Noon-3 PM- Concord Hospital

As we wrap up another panel (3 year service term) and begin our 2020 budgeting discussion at the NH Area, I'd like to invite all members to the August AWSC meeting.

Are you thinking about becoming a coordinator for the next panel? We still need an AA Liaison, Alateen, and Public Outreach Coordinator for this panel! This is a great opportunity to see how it works. Our next meeting is August 18th from noon to 3pm in the conference rooms at Concord Hospital, 250 Pleasant Street. All are invited. ~ Kate, NH Area Chairperson

Beginner Meetings

Our World Service website features podcasts relevant to beginners (and a refresher for many of us). Here's a link to the 6-beginner meetings.

<https://al-anon.org/newcomers/first-steps-al-anon-recovery/>

And this is the link to the paper Guidelines for the content of the 6-beginner meetings.

<https://al-anon.org/pdf/G2.pdf>

Share Your Experience, Strength, and Hope on the Member Blog

We are pleased to introduce a new feature on the al-anon.org website: A Member Blog where you can share your ESH on a variety of topics.

The monthly topics should bring out a wide spectrum of experience, strength, and hope from members and newcomers alike.

We deeply appreciate your willingness to share your Experience, Strength and Hope. Sharings on the Member Blog could be used for future publications.

Save the Date!

2019 N.H. Al-Anon Convention
AA and Alateen participation
November 1-3 2019
The Margate Resort
Laconia N.H.

Download a registration form at www.nhal-anon.org

Who We Are in Al-Anon

In 2018, 13,395 Al-Anon members participated in the WSO's twelfth study. The findings are an aid to professionals, researchers, students, the media and anyone seeking information about Al-Anon Family Groups. For complete survey results, visit al-anon.org/surveyresults.

Calling All Groups!



The 36th NH Al-Anon/Alateen Convention needs your help!

Drawing baskets are a big attraction at our convention.

We rely on NH groups to use their creativity and recovery to create baskets that people enjoy coming back year after year to see.
Your effort supports our Area.



The theme for the convention is "Shore Up Your Program." It will be held on the beach of Lake Winnepesaukee.
For questions and delivery options, please email chairperson@nhal-anon.org.

Shore Up Your Program

Here's how you can Shore Up Your Program while helping the NH Al-Anon and Alateen convention.

1. If you're a crafter, artist or wannabe the Convention Shop needs small items of a keepsake nature to sell. This includes CAL book covers, keychains, bookmarks and similar items you'd like to create.
2. Get your home group, District or program friends to create a basket, as detailed above.

15% of respondents are men; 85% women

Men are more likely to be married, and to be members of AA as well as Al-Anon
Women are more likely to be in a current relationship with an active drinker or a partner who's in AA

51% are children of alcoholics; and 7 in 10 members have been affected by alcohol spanning two or more generations

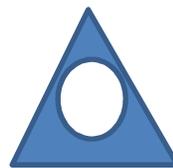
First meetings for females occurred at an average age of 43. For men, the first meeting tended to be around an average age of 48.

93% of respondents say their lives have been positively affected by Al-Anon Family Groups and that they experience a decrease in negative emotions and an increase in positive emotions.

84% were referred by mental health or other professionals.

Regrets

For anyone planning to attend the ICYPAA.org convention in Boston August 22-25, there will not be Al-Anon participation.



Grow Where You're Planted: Harvest Your Seeds of Recovery

2019 Fall Workshop
Rhode Island Area 49 Al-Anon
AA & Alateen participation

September 21, 2019 9:00 AM- 4:00 PM
St. Luke's Episcopal Church
99 Pierce Street
East Greenwich, R.I. 02818
Suggested donation \$10/person (Alateens no charge)
Bring a dish to share or bring your lunch