

# Area 35 World Service Committee



# Alanews

## Connecting New Hampshire's Al-Anon and Alateen Members

February 2019

Vol. 17, No. 2



### SERVICE .. What a Way to Grow !!

This picture really depicts what it took for me to step up to service. I had to break through my lack of self-esteem. When I did, it was like magic and I saw a whole new world being opened up for me, and the healing from this disease really took off. I met others who taught me that what I did was enough. Past members who shared that service gave them the courage to put boundaries and limitations in place in their life. I too experienced that, and through tears and laughter, and some instances pure fun, realized it was up to me. I read the Service Manual that provided me the guidance and information I needed to perform my service position. That led me back to group members for support and past service members for help. It reminded me I was not alone and by stepping up to service I got so much more back than I gave. I hope our 2019 election year finds you all searching for a service position that speaks to you and you come grow with us!!

With Gratitude in Service,  
Nancy D / Delegate

### *Current service opportunities...*

On the NH Area 35 level, the Alateen Coordinator position, Public Outreach Coordinator and Treasurer positions are open. The treasurer would use either Quickbooks or Excel for bookkeeping, and support is available, as it is with all positions.

District Representatives are needed for Districts 3, 4 and 12. Check the Service Manual for responsibilities..

Additionally, if your home group hasn't elected a Group Representative, this is the time to do so, as there's an Area 35 Assembly coming up March 16.

Contact [chairperson@nhal-anon](mailto:chairperson@nhal-anon) for details.



Acronym Time

**LOVE**

Let Others Voluntarily Evolve

You are invited to the 4th Anniversary of the Antrim Wednesday Night Al-Anon Family Group

Wednesday, February 6, 2019  
(snow date: Wednesday, February 13, 2019) 6:00 PM – 7:30 PM  
Avenue A Teen Center  
42 Main Street, Antrim, NH

Enjoy potluck and refreshments  
Multiple drawings Al-Anon and AA Speakers

New Meeting Started January 2019

Antrim Tuesday Noon Literature Group  
Avenue A Teen Center,  
42 Main Street,  
Antrim, NH 03440

Tuesdays from 12pm (Noon) to 1:15pm



## 2019 Conventions

### Soaring to Serenity

#### 2019 Vermont Al-Anon/Alateen Convention

March 29-31

Equinox Resort and Spa

3567 Main Street

Manchester, VT 05254

For more info see

[VermontAlanonAlateen.org/Convention](http://VermontAlanonAlateen.org/Convention)



### From Survival to Serenity

#### 42<sup>nd</sup> Annual Connecticut Al-Anon Convention

March 29-31

Red Lion Inn

100 Berlin Road (route 372)

Cromwell, CT

[Convention2019@ctalanon.org](mailto:Convention2019@ctalanon.org)



### Stepping Towards Serenity

#### 43<sup>rd</sup> Annual Massachusetts Al-Anon/Alateen Convention with AA Participation

April 5-7 2019

Sheraton Framingham

Hotel and Conference Center

1657 Worcester Road (Route 9 west)

Framingham, MA 01701

508 879-7200

The 2019 World Service Conference will be held in Virginia Beach, Virginia, April 13-18. The theme is *Action is Attraction: There is No Growth in the Comfort Zone.*

Groups and districts support our Delegate through creation of Love Gifts, which are little favors created to convey the Al-Anon message. These are shared among delegates from all over the country.

Start creating! Let's see who can bring Love Gifts to the March Assembly to go to Virginia.

## CMAs, Coordinators and other webmail users...

For those who have Network Solutions mailboxes for their District, Groups, or Area position: If you have never had an issue with your email login and you start to have problems, you might be using a link to the old email site. Please use the URL [mail.nhal-anon.org](http://mail.nhal-anon.org). When you get to the login screen, save the resulting URL as your email link.

If you continue to have difficulty with your login, please send an email to [webcoordinator@nhal-anon.org](mailto:webcoordinator@nhal-anon.org) or call Network Solutions at 1-855-226-1498.

## FORUM notes

Alateen Talk Has a Bright New Design.

There is a quarterly newsletter for alateens called *Alateen Talks* in which Alateen members share their experience, strength and hope. You can subscribe by filling out the form at: [al-anon.org/alateentalkform](http://al-anon.org/alateentalkform). Great way to bring the program to teens.

Our Next Daily Reader Needs Your Help

Our three Legacies (Steps, Traditions, and Concepts) provide the foundation for the Al-Anon program. You can help by sharing a writing on any one of the 36 legacies that might be published in *The New Daily Reader* (working title) that Al-anon intends to publish.

In 300 words or less, share your personal insight on how any of the legacies has helped you in your recovery. You can end your sharing with a "Today's Reminder" summary, a thought provoking question, or a pertinent quotation from Al-anon literature citing the source and page number. Writing guidelines and submission information is available at [al-anon.org/dailyreader](http://al-anon.org/dailyreader). It would be nice to have NH represented in this reader and a great way to provide service to the program from the comfort of your home. I know there are some wonderful writers out there with great insights to share! -Cindi, Forum Coordinator

### Let the Sunshine of Al-Anon In

NH Al-Anon District 2 Spring Workshop

April 13 from 9- 3:30, registration starting at 8:30 AM

St John's United Methodist Church

28 Cataract Ave., Dover NH

\$5 suggested donation ~ pot luck

Speakers, skit, workshops, arts and crafts, door prizes

Submissions to Alanews are encouraged. In addition to meeting notices and other events, please consider sharing your service experience and how it has helped you grow.

Material received by the 3<sup>rd</sup> week of the month has the best chance of publication for the upcoming month. Anything later than that, and it's "space available." [alanews@nhal-anon.org](mailto:alanews@nhal-anon.org)



## 33<sup>rd</sup> Anniversary

Rochester Wednesday AFG  
March 6, 2019.

Trinity Anglican Church,  
180 Rochester Hill Rd.  
Rochester, NH 03867.

(Inclement weather postponement date is March 13th.)  
Pot luck at 6:30, Speakers at 7:30, and a 50/50 Raffle.

## AA Round Up with AI-Anon participation

### THERE IS A SOLUTION

First Baptist Church

461 Main Street, New London, NH

Saturday, February 16, 2019

Doors open at 12:00pm

Meetings and Workshops begin at 1:00pm

Be sure to stop by the silent auction and bake sale

Dinner is served at 4:30pm

Dinner will be provided, please bring a dessert

Big meeting begins at 6pm

Includes AA skit, guest speakers, and sobriety countdown

Music and dancing begin at 8pm

nhaa.net

**The NH Area** has sent out the proposed new Area governing documents to every group CMA. The CMA is the current mailing address – which is different from the group representative contact information. If these documents have not popped up at your group business meeting, your GR may have more information. The manila envelope with a copy of the documents should have arrived to you by now. Need an electronic copy? Email [secretary@nhal-anon.org](mailto:secretary@nhal-anon.org) and Helen will send a copy of the proposed new documents via email.

We'll be discussing these documents at the March 16<sup>th</sup> Assembly in Concord. Questions? Contact [chairperson@nhal-anon.org](mailto:chairperson@nhal-anon.org)

## AA Area 43 53<sup>rd</sup> Annual Convention with AI-Anon participation

April 5-7

The Margate on Winnepesaukee  
76 Lake Street  
Laconia, NH

Keynote speakers

Don C. (Colorado Springs, CO)

Kent C. (Sandusky, OH)

Liz B. (Boston, MA)

Workshops- AI-Anon participation  
Marathon Meetings- Yoga and Meditation  
Old Timers Meeting for 25+ Years Sober  
<https://nhaa.net>



### What's New in Area 35

District 1 met in January, a first meeting with a new District Rep. They've ordered *AI-Anon Faces Alcoholism* for distribution in the greater

Concord area.

District 2 continues outreach. There's a new Farmington Monday night meeting and meetings Monday through Friday at the Triangle Club. District 8 still needs an AMIAS (AI-Anon member in Alateen service) for support of a requested meeting at the Milford Boys and Girls Club. District 10 welcomes AI-Anon volunteers from all over the Area to participate in outreach at The Farnum Center in Manchester. The center wants to start a new meeting for friends and families of those in therapy. AMIAS training in Bedford will be held February 15 at 5 PM. Those who want to help with Alateen should contact Noah at [alateen-coordinator@nhal-anon.org](mailto:alateen-coordinator@nhal-anon.org).

**What are Area 35 governing documents?** Here are some ways to learn more.

- Discuss with your GR (Group Representative)
- Discuss with your DR (District Representative)
- Invite an AWSC member or Area officer to your group or district to discuss the documents.
- Reach out to any AWSC member that you know (Coordinators, Area officers, DRs)