

## FRIDAY

### NH ELECTRONIC 9:00 AM

WSO Group #30689619, District 12 (0)  
Zoom Meeting ID: 955 9629 1094 Passcode 892328

### Dover 9:00 AM

WSO Group #30708403, District 2 (0)  
Triangle Club, 120 Broadway Ave

### HYBRID - Laconia 10:00 AM

WSO Group #48669, District 4 (0)  
Meet in person: Congregational Church Parish House,  
18 Veteran's Square. enter through side door  
or Call 978-990-5000 and use code 164-404# for access

### Center Ossipee 10:30 AM

WSO Group #30502305, District 5 (H,C)  
First Congregational Church of Ossipee, 50 NH-16B  
Enter rear door of family life center with yellow ramp

### Manchester 6:30 PM

WSO Group #503815, District 10 (H,C)  
695 Mast Road, Look for a green "695" biz sign.  
Driveway between Bartlett School and Dance Visions  
Last unit of bldg, far left. Park in the front

### NH ELECTRONIC 7:00 PM

WSO Group #65740, NashuaD8 (0)  
Join using Zoom meeting ID: 759 1937 6449  
Password: 395137 or dial in using (301) 715-8592

### Dover 7:00 PM

WSO Group #25269, District 2 (O,H)  
Wentworth-Douglass Hospital, 789 Central Ave.  
Garrison Building Dionne Room

### Conway 7:30 PM\*

WSO Group #9026, District 5 (C)  
Journey Church, 15 Hutchins Drive  
No meeting on public school snow days

## SATURDAY

### NH ELECTRONIC 8:00 AM

WSO Group #502925, District 4, (0)  
Zoom meeting ID: 821 6284 4453 Password: 253719  
Email with questions: centerharbor.alanon@gmail.com

### NH ELECTRONIC 9:00 AM

WSO Group #30507121, NashuaD8, (0)  
Join using Zoom meeting ID: 996 4800 3572  
Password: 315974 Step Meeting

## \*New Hampshire Alateen Meetings\*

### First & second WEDNESDAY each month Nottingham 7-8:00PM

WSO Group #30808330, District 2 (H)  
Nottingham Town Office, 139 Stage Rd  
Al-Anon & AA Meetings available at this  
location at same time

While anyone may attend any Al-Anon meeting,  
including teens, Alateen meetings are only for those  
18 and under. Online Alateen meetings may be  
accessed through the Al-Anon Family Groups  
Mobile app found at Al-Anon.org.

## SATURDAY CON'T

### Dover 9:00 AM

WSO Group #30708403, District 2 (0)  
Triangle Club, 120 Broadway Ave,

### Claremont 9:00 AM

WSO Group #30804658, District 3 (0)  
TLC Recovery, 62 Pleasant St. Enter at 4 glass doors,  
turn right at end of the hall

### Londonderry 9:30 AM

WSO Group #42010, District 9 (0)  
St. Mark's Church, 1 South Rd - Right side entrance, rm 104

### Hampton 1:00 PM

WSO Group #30478, District 12 (H,O)  
Our Lady of the Miraculous Church, 289 Lafayette Rd.  
Parish Hall downstairs

### HYBRID Tamworth 7:00 PM

WSO Group #9044, District 5, (0)  
Saint Andrew's in the Valley Episcopal Church,  
678 Whittier Rd Join us in-person or by phone  
using free conference call number  
605-313-5725, Access Code 1103708

## SUNDAY

### HYBRID Portsmouth 9:00 AM

WSO Group #30526380, District 12, (0)  
Meet in person: Portsmouth Senior Center, 125 Cottage St  
or Zoom Meeting ID: 884 9782 9798 Password: 892328

### Bedford 9:30 AM

WSO Group #9003, District 10 (H,C)  
Old Bedford Town Hall, 70 Bedford Center Rd

### Keene 5:00 PM

WSO Group #30563138, District 7, (0)  
St. James Episcopal Church, 44 West St

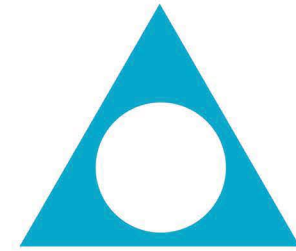
### HYBRID Claremont 7:00 PM

WSO Group #8972, District 3, (0)  
Meet in person TLC Recovery, 62 Pleasant St or  
Zoom Meeting ID: 875 7190 0962 Password: 499354

### NH ELECTRONIC 7:00 PM

WSO Group #32180, District 8, (C)  
Zoom Meeting ID: 982 181 856 Password: 011402

# Al-Anon & Alateen Family Groups New Hampshire Meeting List



• March 2, 2025 •

For more information or questions,  
Answering Service: 603-369-6930

NH Al-Anon website:  
[www.nhal-anon.org](http://www.nhal-anon.org)

Worldwide Al-Anon:  
[www.al-anon.org](http://www.al-anon.org)

## Information for Groups

Please keep your meeting information up to date. Email details to  
[group-records@nhal-anon.org](mailto:group-records@nhal-anon.org) or use the updater form found  
under the members section of [www.al-anon.org](http://www.al-anon.org) website.

### Tradition 7 Donations

Make checks payable to  
AFGNH, Inc.

Please add your group  
or district # on the memo line  
Send to: AFGNH, Inc.  
PO Box 220  
Concord, NH 03302

### 2025 NH Area Meetings

AWSC Meetings:  
(12 - 3pm, Officers, Coordinators & DRs vote)  
**APR 19, AUG 16, SEP 20, NOV 15**  
AWSC Meetings held at Grace Episcopal Church  
30 Eastman St. Concord All are welcome.

2025 Assembly Meeting:  
(11am - 4pm, GRs vote)  
**March 22** - Concord  
**May 17** - 70 Bedford Center Rd, Bedford  
**October 18** - Concord

Have you checked out the [nhal-anon.org](http://nhal-anon.org) website?  
Find or post upcoming Al-Anon events, anniversaries,  
and conventions under the events tab.

## Al-Anon Meeting Guide:

- Most groups meet in-person with town & address listed.
- **NH ELECTRONIC** before the time means the group only meets online.
- **HYBRID** before a location & time means the group meets both online/phone and in-person together.

An \* means the group does not meet in person when  
locals schools are canceled due to bad weather in winter.



**MONDAY****Dover 9:00 AM**

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

**Whitefield 10:30 AM**

WSO Group #30812679, District 6 (O,H)  
Dwelling Place LLC, 36 King Square  
Located in the old red mill in center of King Sq.

**NH ELECTRONIC 12:00 PM**

WSO Group #39987, District 7 (O)  
Zoom Meeting ID: 825 6820 3953, password: Keene  
Or join by phone #646-876-9923, password: 480560  
Email with questions at district7@nhal-anon.org

**Hampton 4:00 PM**

WSO Group #51522, District 12 (O)  
Hobbs House, 200 High Street

**Milford 6:00 PM\*****Milford 7:00 PM \* BEGINNERS MTG**

WSO Group #62515, District 8 (C)  
ARCNH, 180 Elm St, Suite E  
No meeting on public school snow days.

**Manchester 6:30 PM\***

WSO Group #45304, District 10 (O)  
Faithbridge Church, 301 S Main St, use side entrance  
No meeting on public school snow days

**NH ELECTRONIC 6:45 PM**

WSO Group #30814841, District 12 (O)  
Join using Zoom meeting ID: 982 9583 8497  
Password: 892328 or by phone (301) 715 - 8592

**Peterborough 7:00 PM**

WSO Group #41866, District 7 (O,H)  
Peterborough United Methodist Church, 43 Concord St.

**Rochester 7:00 PM**

WSO Group #9037, District 2 (O)  
Emmanuel Church, Community Bldg, 24 Eastern Ave.

**Newport 7:30 PM**

WSO Group #30783139, District 3 (O) Millie's Place,  
Newport Shopping Plaza, 45 John Stark Highway

**HYBRID Wolfeboro 7:30 PM**

WSO Group #9047, District 5 (O)  
All Saints Episcopal Church 258 S Main St., 2<sup>nd</sup> floor  
Email wolfeborofg@gmail.com for zoom link

**Henniker 8:00 PM**

WSO Group #30701763, District 1 (O)  
Congregational Church, 33 Maple St. Enter across  
from church, by **right** side door, meeting upstairs

**TUESDAY****HYBRID N. Hampton 9 AM BEGINNERS MTG**

**HYBRID N. Hampton 10:00 AM**  
WSO Group #9027, District 12 (O)  
United Church of Christ, 295 Atlantic Ave. or join on  
Zoom, Meeting ID: 961 6311 4341 Password: 892328

**Dover 9:00 AM**

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

**Derry 11:00 AM\***

WSO Group #30826789, District 9 (C)  
Sonshine Soup Kitchen, 6 Crystal Ave  
Use rear entrance, park in back or side only  
No meeting on public school snow days

**Plymouth 4:30 PM**

WSO Group #501212, District 4 (H,C)  
Plymouth Common Man Inn, 231 Main St.  
Enter lobby, turn right, 1st meeting room on right

**NH ELECTRONIC 5:30 PM**

WSO Group #30633452, District 9 (O)  
Zoom Meeting ID: 212 3050 669  
No password needed.

**WEDNESDAY****Dover 9:00 AM**

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

**Bedford 10:00 AM\***

WSO Group #45118, District 10 (H,O)  
Bethany Covenant Church, 1 Covenant Way off NH  
RT101, Enter left front door, turn left  
No meeting on public school snow days

**Dover 10:00 AM**

WSO Group #8978, District 2 (H,C)  
First Parish Congregational Church, 218 Central Ave.

**NH ELECTRONIC 6:00 PM**

WSO Group #8995, District 7 (O)  
Zoom Meeting ID: 893 2436 5228 Password: Antrim  
Or join using telephone #646-876-9923, use same  
ID and Password Email questions with zoom  
at district7@nhal-anon.org

**NH ELECTRONIC 6:00 PM**

WSO Group #30562366, District 1 (O)  
Zoom Meeting ID: 89831806861 password: 306282

**Antrim 6:00 PM**

WSO Group #30649607, District 7 (O)  
First Presbyterian Church of Antrim, 73 Main St  
Park and enter in the back.

**WEDNESDAY CONT****Alton 5:30 PM BEGINNERS MTG**

Beginners Meeting is held the 1<sup>st</sup> Monday of each month only.

**Alton 6:30 PM**

WSO Group #30849266, District 4 (C)  
Community Church of Alton Building, 20 Church St  
Enter thru double glass doors, follow signs downstairs

**Concord 7:00 PM**

WSO Group #8974, District 1 (O)  
Grace Episcopal Church, 30 Eastman St.  
Parish entrance on left side.

**NH ELECTRONIC 7:00 PM**

WSO Group #66976, District 12 (O)  
Zoom Meeting ID: 591 344 7251 Passcode: 892328  
Dial in, use phone # (646) 558-8656

**Nottingham 7:00 PM**

WSO Group #60058, District 2 (O)  
Town Offices, 139 Stage Rd.

**Hampstead 7:30 PM Woman-focused mtg**

WSO Group #502409, District 9 (C)  
Hampstead Congregational Church, 61 Main St.  
Use side Timberlane Rd entrance

**NH ELECTRONIC 7:30 PM**

WSO Group #47848, District 2 (O)  
Zoom Meeting ID: 810 5083 3033 password: 709717

**HYBRID Warner 7:30 PM**

WSO Group #30734740, District 1 (O)  
Meet in person at 43 East Main St, park in lot behind  
church, enter through back center entrance  
Or join on Zoom, Meeting ID: 854 6169 2270  
Passcode: 260659 ? Contact: district1@nhal-anon.org

**THURSDAY****Dover 9:00 AM**

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

**Hampton 9:30 AM BEGINNERS MTG**

**Hampton 10:30 AM**  
WSO Group #44716, District 12 (O)  
Meet in person: Our Lady of Miraculous Medal Church  
289 Lafayette Rd. Meet downstairs

**Derry 11:00 AM\***

WSO Group #30849647, District 9 (O,H)  
Sonshine Soup Kitchen, 6 Crystal Ave  
Use rear entrance, park in back or side only  
No meeting on public school snow days

**THURSDAY CONT****Concord 12:00 PM\***

WSO Group #44273, District 1 (C)  
Wesley United Methodist Church, 79 Clinton St.  
No meeting on public school snow days

**Conway 12:00 PM**

WSO Group #60851, District 5 (O) Journey Church  
15 hutchins Drive, Use side door on the left to enter

**HYBRID Keene 12:00 PM**

WSO Group #61705, District 7 (O)  
United Church of Christ, 23 central SQ,  
Use back door, parlor on second floor or join using  
Zoom Meeting ID: 883 4409 1465 Password: Keene  
Or join using telephone #646-876-9923,  
password: 174939 Email with questions or help  
with zoom at district7@nhal-anon.org

**HYBRID Exeter 5:30 PM**

WSO Group #30679039, District 2 (O)  
First Unitarian Universalist Society of Exeter, 12 Elm St  
Meet in Parish Hall, across courtyard, enter door  
marked 12, turn right thru big comm room to back room.  
Or Zoom Meeting ID: 85450826146 Password: 613051

**Littleton 6:00 PM**

WSO Group #48543 District 6 (H,O)  
First Congregational Church, 189 Main St.  
Entrance at stairway on right from street

**Gorham 6:00 PM**

WSO Group #30837922, District 6 (O)  
First Congregational Church 153 Main St.

**Manchester 6:30 PM\***

WSO Group #30611610, District 10 (C,H)  
Faithbridge Church, 301 S. Main St.  
No meeting on public school snow days

**Laconia 7:00 PM**

WSO Group #8996, District 4 (H)  
Congregational Church Parish House, 18 Veteran's SQ.  
Enter through side door

**NH ELECTRONIC 7:00 PM**

WSO Group #44541, D10 (O)  
Join us on www.freeconferencecall.com  
Meeting ID: NHALAnonD10 Access Code: 478186 or  
Dial in using (701) 802-5298

**Plaistow 7:00 PM**

WSO Group #52697, District 9 (H,C)  
First Baptist Church, 122 Main St, Use 1st floor  
back door go straight to room at end of hall

**Nashua 7:30 PM\***

WSO Group #46114, District 8 (C)  
United Way, 20 Broad St. Enter through the backdoor,  
meeting downstairs.  
No meeting on public school snow days

**WHAT DO  
THE LETTERS  
MEAN?**

(O) the group welcomes families, friends, & observers. (C) the group welcomes families & friends only (not observers).  
(H) the location is accessible to people with physical disabilities. **Beginner's meetings** are specifically focused on new  
members seeking to understand more about Al-Anon and how it works and occur around a regular Al-Anon meeting.  
**Have questions?** Our answering service is available for assistance: 603-369-6930.