

## FRIDAY

### Portsmouth 9:00 AM

WSO Group #30689619, District 12 (0)  
Zoom Meeting ID: 955 9629 1094 Passcode 892328

### Dover 9:00 AM

WSO Group #30708403, District 2 (0)  
Triangle Club, 120 Broadway Ave

### HYBRID - Laconia 10:00 AM

WSO Group #48669, District 4 (0)  
Meet in person: Congregational Church Parish House,  
18 Veteran's Square. enter through side door  
or Call 978-990-5000 and use code 164-404# for access

### Center Ossipee 10:30 AM

WSO Group #30502305, District 5 (H,C)  
First Congregational Church of Ossipee, 50 NH-16B  
Enter rear door of family life center with yellow ramp

### Manchester 6:30 PM

WSO Group #503815, District 10 (H,C)  
695 Mast Road, Look for a green "695" biz sign.  
Driveway between Bartlett School and Dance Visions.  
Last unit of bldg, far left. Entrance & Parking in rear

### Dover 7:00 PM

WSO Group #25269, District 2 (0)  
Zoom Meeting ID: 837 9589 7793 Passcode: 509312

### NH ELECTRONIC 7:00 PM

WSO Group #65740, NashuaD8 (0)  
Join using Zoom meeting ID: 759 1937 6449  
Password: 395137 or dial in using (301) 715-8592

### Wakefield 7:00 PM

WSO Group #30819455, District 5 (0)  
First Congregational Church of Wakefield, 2718 Wakefield Road  
Parking lot and entry beside church.

### Conway 7:30 PM

WSO Group #9026, District 5 (C)  
Journey Church, 15 Hutchins Drive  
Bad weather? Call 603-323-2058 for zoom instructions

## \*New Hampshire Alateen Meetings\*

### First WEDNESDAY of each month Nottingham 7-8:00PM

WSO Group #30808330, District 2 (H)  
Nottingham Town Office, 139 Stage Rd  
Al-Anon & AA Meetings available at location at same time

While anyone may attend an Al-Anon meeting, including teens,  
Alateen meetings are only for those 18 and under. Online Alateen  
meetings may be accessed through the Al-Anon Family Groups  
Mobile app found at Al-Anon.org

Alateens are invited to the NH Al-Anon and Alateen Convention with  
AA participation - details at [nhal-anon.org/calendar/2023-nh-convention](http://nhal-anon.org/calendar/2023-nh-convention)

## SATURDAY

### HYBRID Center Harbor 8:00 AM

WSO Group #502925, District 4, (0)  
Center Harbor Congregational Church, 52 Main St  
Enter at side door facing parking lot - Or join using  
telephone 720-708-1217, access code 8094745#  
Email with questions: [centerharbor.alanon@gmail.com](mailto:centerharbor.alanon@gmail.com)

### NH ELECTRONIC 9:00 AM

WSO Group #30507121, NashuaD8, (0)  
Join using Zoom meeting ID: 996 4800 3572  
Password: 315974 Newcomers Welcome!

### Dover 9:00 AM

WSO Group #30708403, District 2 (0)  
Triangle Club, 120 Broadway Ave,

### Claremont 9:00 AM

WSO Group #30804658, District 3 (0)  
TLC Recovery, 62 Pleasant St. Enter at 4 glass doors,  
turn right at end of the hall

### Londonderry 9:30 AM

WSO Group #42010, District 9 (0)  
St. Mark's Church, 1 South Rd - Right side entrance, rm 104

### Hampton 1:00 PM

WSO Group #30478, District 12 (H,O)  
Our Lady of the Miraculous Church, 289 Lafayette Rd.  
Parish Hall downstairs

### HYBRID Tamworth 7:00 PM

WSO Group #9044, District 5, (0)  
Saint Andrews Church, 678 Whittier Rd  
Join us by telephone using free conference call number  
605-313-5725, Access Code 1103708

## SUNDAY

### HYBRID Portsmouth 9:00 AM

WSO Group #30526380, District 12, (0)  
Meet in person: Portsmouth Senior Center, 125 Cottage St  
or Zoom Meeting ID: 884 9782 9798 Password: 892328

### Bedford 9:30 AM

WSO Group #9003, District 10 (H,C)  
Old Bedford Town Hall, 70 Bedford Center Rd

### Keene 5:00 PM

WSO Group #30563138, District 7, (0)  
St. James Episcopal Church, 44 West St

### HYBRID Claremont 7:00 PM

WSO Group #8972, District 3, (0)  
Meet in person TLC Recovery, 62 Pleasant St or  
Zoom Meeting ID: 875 7190 0962 Password: 499354

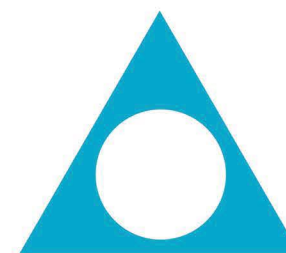
### Nashua 7:00 PM

WSO Group #32180, District 8, (C)  
Zoom Meeting ID: 982 181 856 Password: 011402

### Portsmouth 7:00 PM

WSO Group #30609431, District 12, (0)  
Zoom Meeting ID: 993 4749 1264 Password: 892328

# Al-Anon & Alateen Family Groups New Hampshire



## Meeting List

October 9, 2023

For more information or questions,  
Answering Service: 603-369-6930

NH Al-Anon website:  
[www.nhal-anon.org](http://www.nhal-anon.org)

Worldwide Al-Anon:  
[www.al-anon.org](http://www.al-anon.org)

## Information for Groups

Please keep your meeting information up to date. Email details to  
[group-records@nhal-anon.org](mailto:group-records@nhal-anon.org) or use the updater form found  
under the members section of [www.al-anon.org](http://www.al-anon.org) website.

### Tradition 7 Donations

Make checks payable to  
AFGNH, Inc.

Please add your group  
or district # on the memo line  
Send to: AFGNH, Inc.  
PO Box 220  
Concord, NH 03302

### 2023 NH Area Meetings

AWSC Meetings:  
(12 - 3pm, Officers, Coordinators & DRs vote)  
**November 18**

Assembly Meetings:  
(11am - 4pm, GRs vote)  
**October 21**

All are welcome.  
Meetings held at Grace Episcopal Church  
30 Eastman St. Concord

Have you checked out the [nhal-anon.org](http://nhal-anon.org) website?  
Find upcoming Al-Anon events, anniversaries, and conventions  
under the events tab. **\*\*CONVENTION November 3-5th.\*\***

## Al-Anon Meeting Guide:

- Most groups **meet in-person** with town & address listed.
- **NH ELECTRONIC** *before the time means the group only meets online.*
- **HYBRID** *before a location & time means the group meets both online/phone and in-person together.*



## MONDAY

### Dover 9:00 AM

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

### NH ELECTRONIC 12:00 PM

WSO Group #39987, District 7 (O)  
Zoom Meeting ID: 825 6820 3953 Password: 480560  
Or join using telephone #646-876-9923  
Email with questions at district7@nhal-anon.org

### Portsmouth 12:00 PM

WSO Group #30810350, District 12 (O,H)  
Safe Harbor, 865 Islington Street  
Enter through front door, meeting in back room.

### Whitefield 6:00 PM

WSO Group #30812679, District 6 (O,H)  
Dwelling Place LLC, 36 King Square  
Located in the old red mill in center of King Sq.

### Milford 6:00 PM

WSO Group #62515, District 8 (C)  
St. Joseph Urgent Care, 442 Nashua St.  
Meeting room to right after main front entrance.

### Manchester 6:30 PM

WSO Group #45304, District 10 (O)  
Faithbridge Church, 301 S Main St, use side entrance  
On school snow days, group will meet online only at  
<https://join.freeconferencecall.com/nhalanon10>.  
Access Code 478186# or dial in using (701)802-5298

### NH ELECTRONIC 6:45 PM

WSO Group #30814841, District 12 (O)  
Join using Zoom meeting ID: 982 9583 8497  
Password: 892328 or by phone (301) 715 - 8592

### Hampton 6:45 PM

WSO Group #51522, District 12 (O)  
Hobbs House, 200 High Street

### Peterborough 7:00 PM

WSO Group #41866, District 7 (O,H)  
Peterborough United Methodist Church, 43 Concord St.

### Rochester 7:30 PM

WSO Group #9037, District 2 (O)  
Emmanuel Church, Community Bldg, 24 Eastern Ave.

### Henniker 7:30 PM

WSO Group #30701763, District 1 (O)  
Meet in person: Congregational Church, 33 Maple St.  
Enter across from church, by left side door, upstairs or  
ZOOM Meeting ID: 718 1789 8655 Passcode: 17XeGK

### Newport 7:30 PM

WSO Group #30783139, District 3 (O) Millie's Place,  
Newport Shopping Plaza, 45 John Stark Highway

### Wolfeboro 7:30 PM

WSO Group #9047, District 5 (O)  
All Saints Episcopal Church 258 South Main St.,  
meeting on 2nd floor

What do the letters mean? (O) means the group welcomes families, friends, and observers.  
(C) means the group welcomes families and friends only (not professionals or observers).  
(H) means the location is accessible to people with physical disabilities.  
Have questions? Our answering service is available for assistance: 603-369-6930.

## TUESDAY

### HYBRID N. Hampton 9 AM BEGINNERS MTG

**HYBRID N. Hampton 10:00 AM**  
WSO Group #9027, District 12 (O)  
United Church of Christ, 295 Atlantic Ave. or join on  
Zoom, Meeting ID: 961 6311 4341 Password: 892328

### Dover 9:00 AM

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

### Derry 11:00 AM

WSO Group #tbd, District 9 (C)  
Sonshine Soup Kitchen, 6 Crystal Ave  
Use rear entrance, park in back or side only.

### Plymouth 4:30 PM

WSO Group #501212, District 4 (H,C)  
Common Man Restaurant, 231 Main St.  
Enter lobby, turn right, 1st meeting room on right

### Hampstead 5:30 PM

WSO Group #30633452, District 9 (O)  
Zoom Meeting ID: 212 3050 669 No password needed.

### Concord 7:30 PM

WSO Group #48542, District 1 (O)  
Zoom Meeting ID: 843 9741 9212 Passcode: 123456

## What are beginners' meetings?

The purpose of a beginners' meeting is to introduce newcomers to the Al-Anon program. Newcomers are encouraged to attend regular Al-Anon meetings as well.

## WEDNESDAY

### Exeter 8:00 AM

WSO Group #30818632, District 2 (O)  
First Unitarian Universalist Society of Exeter, 12 Elm St  
Meet in Parish Hall, across courtyard, enter door  
marked 12, turn right thru big comm room to back room.

### Dover 9:00 AM

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

### Bedford 10:00 AM

WSO Group #45118, District 10 (H,O)  
Bethany Covenant Church, 1 Covenant Way off NH  
RT101, Enter left front door, turn left

### Dover 10:00 AM

WSO Group #8978, District 2 (H,C)  
First Parish Congregational Church, 218 Central Ave.

## WEDNESDAY CONT

### Portsmouth 12:00 PM

WSO Group #30787868, District 12 (O)  
Connection Peer Support Center, 544 Islington South St  
Backdoor on right across from DDs

### Antrim 6:00 PM

WSO Group #30649607, District 7 (O)  
First Presbyterian Church of Antrim, 73 Main St  
Park and enter in the back.

### Keene 6:00 PM

WSO Group #8995, District 7 (O)  
Zoom Meeting ID: 893 2436 5228 Password: Antrim  
Or join using telephone #646-876-9923, meeting ID  
893 2436 5228, Password 936237 Email with  
questions with zoom at district7@nhal-anon.org

### Tilton 6:00 PM

WSO Group #30562366, District 1 (O)  
Zoom Meeting ID: 89831806861 password: 306282

### Concord 7:00 PM

WSO Group #8974, District 1 (O)  
Grace Episcopal Church, 30 Eastman St.  
Parish entrance on left side.

### NH ELECTRONIC 7:00 PM

WSO Group #66976, District 12 (O)  
Zoom Meeting ID: 591 344 7251 Passcode: 892328  
Dial in, use phone # (646) 558-8656

### Nottingham 7:00 PM

WSO Group #60058, District 2 (O)  
Town Offices, 139 Stage Rd.

### Hampstead 7:30 PM WOMENS MEETING

WSO Group #502409, District 9 (C)  
Hampstead Congregational Church, 61 Main St.  
Use side Timberlane Rd entrance

### Rochester 7:30 PM

WSO Group #47848, District 2 (O)  
Zoom Meeting ID: 810 5083 3033 password: 709717

### HYBRID Warner 7:30 PM

WSO Group #30734740, District 1 (O)  
Meet in person at 43 East Main St, park in lot behind  
church, enter through back center entrance  
Or join using Zoom, Meeting ID: 854 6169 2270  
Passcode: 260659  
Contact: district1@nhal-anon.org with questions.

### Meredith 7:00 PM

WSO Group #66450, District 4 (H,O)  
Meredith Congregational Church, 4 Highland St.

## THURSDAY

### Dover 9:00 AM

WSO Group #30708403, District 2 (O)  
Triangle Club, 120 Broadway Ave

### Hampton 9:30 AM BEGINNERS MTG

### Hampton 10:30 AM

WSO Group #44716, District 12 (O)  
Meet in person: Our Lady of Miraculous Medal Church  
289 Lafayette Rd. Meet downstairs.

### Concord 12:00 PM

WSO Group #44273, District 1 (C)  
Wesley United Methodist Church, 79 Clinton St.  
No meeting on school snow days.

### Conway 12:00 PM

WSO Group #60851, District 5 (O) Journey Church  
15 hutchins Drive, Use side door on the left to enter

### HYBRID Keene 12:00 PM

WSO Group #61705, District 7 (O)  
United Church of Christ, 23 central SQ,  
Use back door, parlor on second floor or join using  
Zoom Meeting ID: 883 4409 1465 Password: Keene  
Or join using telephone #646-876-9923,  
password: 174939 Email with questions or help  
with zoom at district7@nhal-anon.org

### Exeter 5:30 PM

WSO Group #30679039, District 2 (O)  
First Unitarian Universalist Society of Exeter, 12 Elm St  
Meet in Parish Hall, across courtyard, enter door  
marked 12, turn right thru big comm room to back room.

### Littleton 6:00 PM

WSO Group #48543, District 6 (H, O)  
First Congregational Church, 189 Main St.  
Entrance stairway on right from street

### Laconia 7:00 PM

WSO Group #8996, District 4 (H)  
Congregational Church Parish House, 18 Veteran's SQ.

### NH ELECTRONIC 7:00 PM

WSO Group #44541, ManchesterD10 (O)  
Join us on [www.freeconferencecall.com](http://www.freeconferencecall.com)  
Meeting ID: NHAAnonD10 Access Code: 478186  
Dial in using (701) 802-5298

### Manchester 7:00 PM

WSO Group #30611610, District 10 (C,H)  
Faithbridge Church, 301 S. Main St.

### Nashua 7:00 PM BEGINNERS MTG

### Nashua 7:30 PM

WSO Group #46114, District 8 (C)  
United Way, 20 Broad St. Enter through the backdoor,  
meeting downstairs

### Plaistow 7:00 PM

WSO Group #52697, District 9 (H,C)  
First Baptist Church, 122 Main St, Use 1st floor  
back door go straight to room at end of hall