|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **AA Convention Workshops** | | | | |
| **Day** | **TIME** | **Name** | **Title** | **Description** |
| Friday | 4:45-5:45 | Stacy | Healing your heartaches | Using the spiritual tools of the program |
| Saturday am | 9:00-10:15 | Susette | Making the right choices | workshop |
| Saturday am | 10:30-noon |  | **The Sober Family\*\*\* (2 AA, 1 Al-Anon)** | Panel. Talk 5-7 minutes each, then open it up to discussion |
| Saturday am | 10:30-noon | Jean | Transforming our losses | workshop |
| Saturday pm | 2:30-3:45pm | Beaddie | Honest feelings from the heart | Honestly identifying your feelings |
| Saturday pm | 4:00-4:15 | Jack? | What is unacceptable behavior? | Will give it up |
| Sunday am | 9:00-1015am | Beth | **Acceptance is the Answer\*\*\* (2 AA, 1 Al-Anon)** | Panel. Talk 5-7 minutes each, than open it up to discussion |
| Sunday am | 9:00-10:15 |  | Finding my way back to reality |  |
|  |  | **SPEAKERS** |  |  |
| Saturday | 12:00-1:00pm | Beth | **AA / Al-Anon Speaker Meeting** | Al-Anon member will speak for approximately ½ hour |
| Sunday | 10:30-11:30am | Vince | **AA / Al-Anon Speaker Meeting, closing** | Al-Anon member will speak for approximately ½ hour |
|  |  | **OTHER** |  |  |
| throughout | n/a | Mary Lou | Literature |  |
|  |  | Jean | Co-liaison |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

We are asking for 1 basket from each district. We will welcome a book or pamphlets from groups or individuals.

My contact information is: Jack M. (207) 651-4244 (text or call) email is [aaliaison@nhal-anon.org](mailto:aaliaison@nhal-anon.org)

Volunteers are needed.