FRIDAY

Dover 9:00AM

WSO Group #30708403, District 2, (0) Triangle Club, 120 Broadway Ave, downstairs

Portsmouth 9:00 AM

WSO Group #30689619, District 12, (0) Zoom Meeting ID: 955 9629 1094 Passcode 892328

Laconia 10:00 AM

WSO Group #48669, District 4, (0)
Meet in person: Congregational Church Parish House,
18 Veteran's Square. enter through side door
or Call 978-990-5000 and use code 164-404# for access

Center Ossipee 10:30 AM

WSO Group #30502305, District 5 (H,C)
First Congregational Church of Ossipee, 50 NH-16B
Enter rear door of family life center with yellow ramp

Tilton 6:00 PM

WSO Group #30688895, District 1, (0) Zoom Meeting Code: 89831806861 Password: 306282

Manchester 6:30 PM

WSO Group #503815, District 10 (H,C) 695 Mast Road, Look for a green "695" biz sign. Driveway between Bartlett School and Dance Visions. Last unit of bldg, far left. Entrance & Parking in rear

Dover 7:00 PM

WSO Group #25269, District 2, (0) Zoom Meeting ID: 837 9589 7793 Passcode: 509312

Enfield 7:00 PM

WSO Group #8981, District 3, (0)
Meet in person: Community Lutheran Church, 96 Main Street
or Zoom Meeting ID: 941911505 Password: 2020
By Phone: 1 253 215 8782: 941911505# PW: 2020

Nashua 7:00 PM

WSO Group #65740, District 8, (H,0) Zoom Meeting ID: 815 6044 5282 Passcode: 991299

North Conway 7:00 PM

WSO Group #9026, District 5, (0) Zoom meeting ID #235 955 5905 Contact Host Alan (603) 738-0149 with access questions

SATURDAY

Center Harbor 8:00 AM

WSO Group #502925, District 4, (0)
Zoom Meeting ID: 816 3077 5259 Password: 151878
Or join using telephone #301-715-8592
Email with questions: centerharbor.alanon@gmail.com

Dover 9:00AM

WSO Group #30708403, District 2, (0) Triangle Club, 120 Broadway Ave, downstairs

SATURDAY CON'T

Nashua 9:00 AM

WSO Group #30507121, District 8, (0)
Join electronically at www.gotomeet.me/MelissaD6
Access Code: 799 378 789 or join by phone
(646) 749-3122 and use same access code.

Londonderry 9:30AM

WSO Group #42010, District 9 (0) St. Mark's Church, 1 South Rd

Hampton 1:00PM

WSO Group #30478, District 12 (H,O) Our Lady of the Miraculous Church, 289 Lafayette Rd. Parish Hall downstairs

Tamworth 7:30 PM

WSO Group #9044, District 5, (0)
To attend, please contact: David (603)714-5509
before Sat @3pm for meeting ID# and Passcode

SUNDAY

Portsmouth 9:00 AM

WSO Group #30526380, District 12, (0)
Meet in person: Portsmouth Senior Center, 125 Cottage St
or Zoom Meeting ID: 884 9782 9798 Password: 892328

Bedford 9:30 AM

WSO Group #9003, District 2 (H,C)
Old Bedford Town Hall, 70 Bedford Center Rd

Keene 5:00 PM

WSO Group #30563138, District 7, (0)
Meets in person the 1st, 3rd, 5th Sundays
at St. James Episcopal Church, 44 West St
and online the 2nd & 4th Sunday of the month at
Zoom Meeting ID: 826 0371 4386 Password: Keene
Or join using telephone #646-876-9923,
meeting ID 826 0371 4386, Password 550291
Email with questions at district7@nhal-anon.org

Claremont 7:00 PM

WSO Group #8972, District 3, (0) Meet in person TLC Recovery, 62 Pleasant St or Zoom Meeting ID: 875 7190 0962 Password: 499354

Nashua 7:00 PM

WSO Group #32180, District 8, (C) Zoom Meeting ID: 982 181 856 Password: 011402

Portsmouth 7:00 PM

WSO Group #30609431, District 12, (0) Zoom Meeting ID: 993 4749 1264 Password: 892328

Al-Anon & Alateen Family Groups New Hampshire



For more information or questions, Answering Service: 603-369-6930

NH Al-Anon website: www.nhal-anon.org

Worldwide Al-Anon: www.al-anon.org

Information for Groups

Please keep your meeting information up to date. Email details to group-records@nhal-anon.org or use the updater form found under the members section of www.al-anon.org website.

Tradition 7 Donations

Make check payable to AFGNH, Inc.
Be sure to include your group
or district # on the memo line
Send to: AFGNH, Inc.
PO Box 220
Concord, NH 03302

Have you checked out the new nhal-anon.org website? Email upcoming Al-Anon events, like anniversaries, to secretary@nhal-anon.org to have it listed on the calendar.

2022 Area Meetings

AWSC Meetings: (Officers, Coordinators & DRs vote) August 20, 2022 September 17, 2022 November 19, 2022 Area Assembly (GRs vote): October 15, 2022

This is an election year for GR's, DR's, Area Officers and Coordinators for 2023-'25. See page 152 in our service manual. GR's and DR's elected before the October Assembly, Officers voted in at October Assembly, Coordinators apply to Delegate and confirmed in November.

ALATEEN MEETING

There are currently no Alateen meetings being held in New Hampshire.

Online Alateen meetings may be accessed through
the Al-Anon Family Groups Mobile App. Link found at Al-Anon.org.

MONDAY

Dover 9:00AM

WSO Group #30708403, District 2, (0) Triangle Club, 120 Broadway Ave, downstairs

Keene 12:00 PM

WSO Group #39987, District 7, (0) Zoom Meeting ID: 825 6820 3953 Password: Keene Or join using telephone #646-876-9923, meeting ID 825 6820 3953, Password 480560 Email with questions at district7@nhal-anon.org

Milford 6:00PM

WSO Group #62515, District 8, (C) St. Joseph Urgent Care, 442 Nashua St. Meeting room to right after main front entrance.

Manchester 6:30PM

WSO Group #45304, District 10, (0) Faithbridge Church, 301 S Main St, use side entrance

Wilmot 6:30PM

WSO Group #30774488, District 8, (H,O) Wilmot Public Library - Creativity Lab, 11 N Wilmot Rd

Hampton 6:45 PM

WSO Group #51522, District 12, (0) Meet in person Hobbs House, 200 High Street or Zoom Meeting ID: 9829 583 8497 Passcode: 892328 Join by phone: (301) 715-8592

Peterborough 7:00 PM

WSO Group #41866, District 7, (0) Meets in person the 2nd and 4th of the month at Peterborough United Methodist Church, 43 Concord St. Concord 7:30PM and online the 1st. 3rd .5th of the month on Zoom Meeting ID: 826 0371 4386 Password: Keene Or join using telephone #646-876-9923. meeting ID 826 0371 4386. Password 550291 Email with guestions at district7@nhal-anon.org

Rochester 7:30 PM

WSO Group #9037, District 2, (0) Emmanuel Church, Community Bldg, 24 Eastern Ave.

Henniker 7:30 PM

WSO Group #30701763, District 1, (0) Meet in person: Congregational Church, 33 Maple St. Enter across from church, by left side door, upstairs or ZOOM Meeting ID: 718 1789 8655 Passcode: 17XeGk

Newport 7:30PM

WSO Group #30783139, District 3 (0) Millie's Place, Newport Shopping Plaza, 45 John Stark Highway

Wolfeboro 8:00 PM

WSO Group #9047. District 5. (0) Email the group at wolfeboroafg@gmail.com for meeting ID and passcode

What do the letters mean? (0) means the group welcomes families, friends, and observers. (C) means the group welcomes families and friends only (not professionals or observers). (H) means the location is accessible to people with physical disabilities. Have guestions? Call our answering service for assistance: 603-369-6930.

TUESDAY

Dover 9:00AM

WSO Group #30708403, District 2, (0) Triangle Club, 120 Broadway Ave, downstairs

North Hampton 9:00 AM BEGINNERS MTG WSO Group #9027, District 12, (0) Zoom Meeting ID: 961 6311 4341 Password: 892328

North Hampton 10:00 AM

WSO Group #9027, District 12, (0) Zoom Meeting ID: 961 6311 4341 Password: 892328

Plymouth 4:00PM

WSO Group #501212, District 4 (H,O) Common Man Restaurant, 231 Main St. Enter lobby, turn right, 1st meeting room on right

Hampstead 5:30 PM

WSO Group #30633452, District 9, (0) Zoom Meeting ID: 212 3050 669 No password needed.

Dover 7:00PM

WSO Group #30529644, District 2, (C) Zoom Meeting ID: 826 9008 7299 Passcode: 755869

WSO Group #48542, District 1, (0) Zoom Meeting ID: 843 9741 9212 Passcode: 123456

WEDNESDAY

Dover 9:00AM

WSO Group #30708403. District 2. (0) Triangle Club, 120 Broadway Ave, downstairs

Bedford 10:00AM

WSO Group #45118, District 10 (H,O) Bethany Convenant Church, 1 Covenant Way off NH RT101, Enter lobby, turn right, 1st meeting room on right

Dover 10:00AM

WSO Group #8978, District 2 (H,C) First Parish Congregational Church, 218 Central Ave.

Portsmouth 12:00PM

WSO Group #30787868. District 12. (0) Connection Peer Support Center, 544 Islington South St Backdoor on right across from DDs

WEDNESDAY CON'T

Antrim 6:00 PM

WSO Group #30649607, District 7, (0) Zoom Meeting ID: 893 2436 5228 Password: Antrim Or join using telephone #646-876-9923, meeting ID 893 2436 5228. Password 936237 Email with questions with zoom at district7@nhal-anon.org

Keene 6:00 PM

WSO Group #8995, District 7, (0) Zoom Meeting ID: 825 6820 3953 Password: Antrim Or join using telephone #646-876-9923, meeting ID 825 6820 3953, Password 480560 Email with questions with zoom at district7@nhal-anon.org

Tilton 6:00 PM

WSO Group #30562366, District 1, (0) Zoom Meeting ID: 89831806861 password: 306282

Hampton 7:00 PM

WSO Group #66976, District 12, (0) Zoom Meeting ID: 591 344 7251 Passcode: 892328 Dial in, use phone # (646) 558-8656

Nottingham 7:00 PM

WSO Group #60058, District 2 (0) Town Offices, 139 Stage Rd.

Hampstead 7:30 PM WOMENS MEETING WSO Group #502409, District 9 (C)

Hampstead Congregational Church, 61 Main St. Use side Timberlane Rd entrance

Rochester 7:30 PM

WSO Group #47848, District 2 (0) Trinity Anglican Church, 180 Rochester Hill Rd.

Warner 7:30 PM

WSO Group #30734740, District 1, (0) Meet in person at 43 East Main St. park in lot behind church, enter through back center entrance.or Zoom Meeting ID: 854 6169 2270 Passcode: 260659 Contact: district1@nhal-anon.org with questions.

Meredith 8:00 PM

WSO Group #66450. District 4 (H.O) Meredith Congregational Church, 4 Highland St.

THURSDAY

Dover 9:00AM

WSO Group #30708403, District 2, (0) Triangle Club, 120 Broadway Ave, downstairs

Hampton 9:00AM BEGINNERS MEETING Hampton 10:00AM (regular meeting)

WSO Group #44716. District 12. (0) Meet in person: Our Lady of Miraculous Medal Church 289 Lafayette Rd. Meet downstairs. Or join through Zoom, Meeting ID: 95564968509 Passcode: 892328 Join by phone: (301) 715-8592

Concord 12:00 PM

WSO Group #44273, District 1, (C) Wesley United Methodist Church, 79 Clinton St.

Conway 12:00 PM

WSO Group #60851, District 5 (0) Journey Church, 15 hutchins Drive, Use side door on the left to enter

Keene 12:00 PM

WSO Group #61705, District 7, (0) Zoom Meeting ID: 883 4409 1465 Password: Keene Or join using telephone #646-876-9923, meeting ID 883 4409 1465. Password 174939 Email with questions or help with zoom at district7@nhal-anon.org

Exeter 5:30 PM

WSO Group #30679039, District 2, (0) Zoom Meeting ID: 854 5082 6146 Passcode: 613051

Littleton 6:00 PM

WSO Group #48543, District 6 (H, O) First Congregational Church, 189 Main St, Entrance stairway on right from street

Laconia 7:00 PM

WSO Group #8996, District 4 (H) Congregational Church Parish House, 18 Veteran's SQ.

Lebanon 7:00 PM

WSO Group #30529642, District 3, (0) Zoom meeting ID: 339 722 394 Join by phone: 1-253-215-8782, mtg 339722394#

Manchester 7:00 PM

WSO Group #44541, District 10, (0) Join using www.freeconferencecall.com Meeting ID: NHAIAnonD10 Access Code 478186 Dial in use phone number (701)802-5298

Plaistow 7:00 PM

WSO Group #52697, District 9 (H,C) First Baptist Church, 122 Main St. Use 1st floor back door go straight to room at end of hall