FRIDAY

Portsmouth 9:00 AM

WSO Group #30689619, District 12 (0) Zoom Meeting ID: 955 9629 1094 Passcode 892328

Dover 9:00 AM WSO Group #30708403, District 2 (0) Triangle Club, 120 Broadway Ave

HYBRID - Laconia 10:00 AM WSO Group #48669, District 4 (0) Meet in person: Congregational Church Parish House, 18 Veteran's Square. enter through side door or Call 978-990-5000 and use code 164-404# for access

Center Ossipee 10:30 AM WSO Group #30502305, District 5 (H,C) First Congregational Church of Ossipee, 50 NH-16B Enter rear door of family life center with yellow ramp

Manchester 6:30 PM WSO Group #503815, District 10 (H,C) 695 Mast Road, Look for a green "695" biz sign. Driveway between Bartlett School and Dance Visions. Last unit of bldg, far left. Entrance & Parking in rear

Dover 7:00 PM WSO Group #25269, District 2 (0) Zoom Meeting ID: 837 9589 7793 Passcode: 509312

Enfield 7:00 PM WSO Group #8981, District 3 (0) Meet in person: Community Lutheran Church, 96 Main Street or Zoom Meeting ID: 941911505 Password: 2020 By Phone: 1 253 215 8782; 941911505# PW: 2020

NH ELECTRONIC 7:00 PM WSO Group #65740, NashuaD8 (0) Join using Zoom meeting ID: 869 3802 0878 Password: 523818

Conway 7:30 PM WSO Group #9026, District 5 (C) Journey Church, 15 Hutchins Drive Bad weather? Call 603-323-2058 for zoom instructions

Most groups meet in-person and the town and address are listed. Some groups that normally meet in-person are temporarily meeting online due to covid.

NH ELECTRONIC before a time means the group always meets online.

HYBRID before a location & time means the group meets together both online/phone and in-person.

SATURDAY

Center Harbor 8:00 AM

WSO Group #502925, District 4, (0) Zoom Meeting ID: 816 3077 5259 Password: 151878 Or join using telephone #301-715-8592 Email with questions: centerharbor.alanon@gmail.com

NH ELECTRONIC 9:00 AM WSO Group #30507121, NashuaD8, (0) Join using Zoom meeting ID: 996 4800 3572 Password: 315974 Newcomers Welcome!

Dover 9:00 AM WSO Group #30708403, District 2 (0) Triangle Club, 120 Broadway Ave,

Claremont 9:00 AM WSO Group #30804658, District 3 (0) TLC Recovery, 62 Pleasant St. Enter at 4 glass doors, turn right at end of the hall

Londonderry 9:30 AM WSO Group #42010, District 9 (0) St. Mark's Church, 1 South Rd

Hampton 1:00 PM WSO Group #30478, District 12 (H,O) Our Lady of the Miraculous Church, 289 Lafayette Rd. Parish Hall downstairs

Tamworth 7:30 PM WSO Group #9044, District 5, (0) Join us using zoom meeting ID: 844 8202 0048 Password: 029125

SUNDAY

Portsmouth 9:00 AM

WSO Group #30526380, District 12, (0) Meet in person: Portsmouth Senior Center, 125 Cottage St or Zoom Meeting ID: 884 9782 9798 Password: 892328

Bedford 9:30 AM WSO Group #9003, District 10 (H,C) Old Bedford Town Hall, 70 Bedford Center Rd

Keene 5:00 PM WSO Group #30563138, District 7, (0) St. James Episcopal Church, 44 West St

Claremont 7:00 PM WSO Group #8972, District 3, (0) Meet in person TLC Recovery, 62 Pleasant St or Zoom Meeting ID: 875 7190 0962 Password: 499354

Nashua 7:00 PM WSO Group #32180, District 8, (C) Zoom Meeting ID: 982 181 856 Password: 011402

Portsmouth 7:00 PM WSO Group #30609431, District 12, (0) Zoom Meeting ID: 993 4749 1264 Password: 892328

Al-Anon & Alateen Family Groups New Hampshire



For more information or questions, Answering Service: 603-369-6930

NH Al-Anon website: www.nhal-anon.org Worldwide Al-Anon: www.al-anon.org

Information for Groups

Please keep your meeting information up to date. Email details to group-records@nhal-anon.org or use the updater form found under the members section of www.al-anon.org website.

Tradition 7 Donations

Make checks payable to AFGNH, Inc. Please add your group or district # on the memo line Send to: AFGNH, Inc. PO Box 220 Concord, NH 03302

Have you checked out the nhal-anon.org website? Find upcoming Al-Anon events, anniversaries, and conventions under the events tab.

2023 Area Meetings

AWSC Meetings: (Officers, Coordinators & DRs vote) April 15 August 19 September 16 November 19

Assembly Meetings: (GRs vote) May 20 October 21

All are welcome. Meetings held at Grace Episcopal Church 30 Estman St. Concord

****ALATEEN MEETING****

There are currently no Alateen meetings being held in New Hampshire. Online Alateen meetings may be accessed through the Al-Anon Family Groups Mobile App. Link found at Al-Anon.org.

MONDAY

Dover 9:00 AM

WSO Group #30708403, District 2 (0) Triangle Club, 120 Broadway Ave

Keene 12:00 PM

WSO Group #39987, District 7 (0) Zoom Meeting ID: 825 6820 3953 Password: Keene Or join using telephone #646-876-9923, meeting ID 825 6820 3953, Password 480560 Email with guestions at district7@nhal-anon.org

Milford 6:00 PM

WSO Group #62515, District 8 (C) St. Joseph Urgent Care, 442 Nashua St. Meeting room to right after main front entrance.

Manchester 6:30 PM

WSO Group #45304, District 10 (0) Faithbridge Church, 301 S Main St, use side entrance On school snow days, group will meet online only at https://join.freeconferencecall.com/nhalanond10. Access Code 478186# or dial in using (701)802-5298

NH ELECTRONIC 6:45 PM

WSO Group #51522, HamptonD12 (C) Join using Zoom meeting ID: 9829 583 8497 Password: 892328 or by phone (301) 715 - 8592

Hampton 6:45 PM

WSO Group #51522, District 12 (0) Hobbs House, 200 High Street

Peterborough 7:00 PM

WSO Group #41866, District 7 (0) Meets in person the 2nd and 4th of the month at Peterborough United Methodist Church, 43 Concord St and online the 1st, 3rd .5th of the month on Zoom Meeting ID: 870 3415 5205 Password: Monday Or join using telephone #646-876-9923, meeting ID 870 3415 5205, Password 151831 Email with questions at district7@nhal-anon.org

Rochester 7:30 PM

WSO Group #9037. District 2 (0) Emmanuel Church, Community Bldg, 24 Eastern Ave.

Henniker 7:30 PM

WSO Group #30701763, District 1 (0) Meet in person: Congregational Church, 33 Maple St. Enter across from church, by left side door, upstairs or WSO Group #8978, District 2 (H,C) ZOOM Meeting ID: 718 1789 8655 Passcode: 17XeGk First Parish Congregational Church, 218 Central Ave.

Newport 7:30 PM

WSO Group #30783139, District 3 (0) Millie's Place, Newport Shopping Plaza, 45 John Stark Highway

Wolfeboro 7:30 PM

WSO Group #9047, District 5 (0) Email the group at wolfeboroafg@gmail.com for meeting ID and passcode

What do the letters mean? (0) means the group welcomes families, friends, and observers. (C) means the group welcomes families and friends only (not professionals or observers) (H) means the location is accessible to people with physical disabilities. Have questions? Our answering service is available for assistance: 603-369-6930.

TUESDAY

NH ELECTRONIC 9:00 AM BEGINNERS MTG

WSO Group #9027. HamptonD12 (0) Online only Zoom Meeting ID: 961 6311 4341 Password: 892328

Dover 9:00 AM

WSO Group #30708403, District 2 (0) Triangle Club, 120 Broadway Ave

HYBRID North Hampton 10:00 AM

WSO Group #9027, District 12 (0) United Church of Christ, 295 Atlantic Ave. or join on Zoom, Meeting ID: 961 6311 4341 Password: 892328

Plymouth 4:30 PM

WSO Group #501212, District 4 (H,C) Common Man Restaurant, 231 Main St. Enter lobby, turn right, 1st meeting room on right

Hampstead 5:30 PM

WSO Group #30633452. District 9 (0) Zoom Meeting ID: 212 3050 669 No password needed.

Dover 7:00 PM

WSO Group #30529644, District 2 (C) St. John's United Methodist Church, 28 Cataract Ave

Concord 7:30 PM WSO Group #48542, District 1 (0) Zoom Meeting ID: 843 9741 9212 Passcode: 123456

WEDNESDAY

Dover 9:00 AM

WSO Group #30708403, District 2 (0) Triangle Club, 120 Broadway Ave

Bedford 10:00 AM

WSO Group #45118, District 10 (H,O) Bethany Convenant Church, 1 Covenant Way off NH RT101, Enter lobby, turn right, 1st meeting room on right Passcode: 260659

Dover 10:00 AM

Portsmouth 12:00 PM

WSO Group #30787868, District 12 (0) Connection Peer Support Center, 544 Islington South St Backdoor on right across from DDs

Antrim 6:00 PM

WSO Group #30649607, District 7 (0) First Presbyterian Church of Antrim, 73 Main St Park and enter in the back.

WEDNESDAY CON'T

Keene 6:00 PM

WSO Group #8995, District 7 (0) Zoom Meeting ID: 893 2436 5228 Password: Antrim Or join using telephone #646-876-9923, meeting ID 893 2436 5228, Password 936237 Email with questions with zoom at district7@nhal-anon.org

Tilton 6:00 PM

WSO Group #30562366, District 1 (0) Zoom Meeting ID: 89831806861 password: 306282

Concord 7:00 PM

WSO Group #8974, District 1 (0) Grace Episcopal Church, 30 Eastman St. Parish entrance on left side.

NH ELECTRONIC 7:00 PM

WSO Group #66976, District 12 (0) Zoom Meeting ID: 591 344 7251 Passcode: 892328 Dial in, use phone # (646) 558-8656

Nottingham 7:00 PM

WSO Group #60058, District 2 (0) Town Offices, 139 Stage Rd.

Hampstead 7:30 PM WOMENS MEETING WSO Group #502409, District 9 (C) Hampstead Congregational Church, 61 Main St. Use side Timberlane Rd entrance

Rochester 7:30 PM

WSO Group #47848, District 2 (0) Zoom Meeting ID: 810 5083 3033 password: 709717

Warner 7:30 PM

WSO Group #30734740, District 1 (0) Meet in person at 43 East Main St. park in lot behind church, enter through back center entrance Or join using Zoom, Meeting ID: 854 6169 2270 Contact: district1@nhal-anon.org with guestions.

Meredith 7:00 PM

WSO Group #66450, District 4 (H,O) Meredith Congregational Church, 4 Highland St.

THURSDAY

Dover 9:00 AM

WSO Group #30708403, District 2 (0) Triangle Club, 120 Broadway Ave

THURSDAY CON'T

HYBRID Hampton 9:30 AM BEGINNERS MTG **HYBRID Hampton 10:30 AM**

WSO Group #44716, District 12 (0) Meet in person: Our Lady of Miraculous Medal Church 289 Lafayette Rd. Meet downstairs. Or join using Zoom, Meeting ID: 95564968509 Passcode: 892328 Join by phone: (301) 715-8592

Concord 12:00 PM

WSO Group #44273. District 1 (C) Wesley United Methodist Church, 79 Clinton St. No meeting on school snow days.

Conway 12:00 PM

WSO Group #60851, District 5 (0) Journey Church 15 hutchins Drive. Use side door on the left to enter

HYBRID Keene 12:00 PM

WSO Group #61705. District 7 (0) United Church of Christ, 23 central SO. Use back door, parlor on second floor or join using Zoom Meeting ID: 883 4409 1465 Password: Keene Or join using telephone #646-876-9923. password: 174939 Email with questions or help with zoom at district7@nhal-anon.org

HYBRID Exeter 5:30 PM

WSO Group #30679039, District 2 (0) First Unitarian Universalist Society of Exeter, 12 Elm St Meet in Parish Hall, across courtyard, enter door marked 12, turn right thru big comm room to back room. Or join online using Zoom, Meeting ID: 854 5082 6146 Passcode: 613051

Littleton 6:00 PM

WSO Group #48543, District 6 (H, O) First Congregational Church, 189 Main St, Entrance stairway on right from street

Laconia 7:00 PM

WSO Group #8996, District 4 (H) Congregational Church Parish House, 18 Veteran's SQ.

NH ELECTRONIC 7:00 PM

WSO Group #44541, ManchesterD10 (0) Join us on www.freeconferencecall.com Meeting ID: NHAlAnonD10 Access Code: 478186 Dial in using (701) 802-5298

Nashua 7:00 PM BEGINNERS MTG

WSO Group #46114, District 8 (C) United Way, 20 Broad St.

Nashua 7:30 PM WSO Group #46114, District 8 (C) United Way, 20 Broad St.

Plaistow 7:00 PM WSO Group #52697, District 9 (H,C) First Baptist Church, 122 Main St, Use 1st floor back door go straight to room at end of hall