

N.H. Area 35 World Service Committee



Alanews

Connecting New Hampshire's Al-Anon and Alateen Members July 2018

Volume 16, No. 7

Al-Anon's International Convention 2018
Friday, July 6-Sunday, July 8
Baltimore Convention Center
1 W. Pratt Street
Baltimore, Maryland 21201
Alateen and AA Participation
<https://al-anon.org>



From our Area chairperson

There was a discussion started at the May NH Area Assembly called *Focusing on our Future: What can we be doing to better serve our primary purpose?*

We shared some thoughts such as more public outreach ideas, sponsorship discussions, fellowship activities, making our group accessible, and positivity about service.

I'm asking NH Al-Anon members to consider bringing this discussion to your group at your next business meeting so we can gather even more ideas.

Or if you hold your business meeting monthly, perhaps you could break the topic down into smaller pieces. I put some suggestions there to help start off the conversation. For July: What can we be doing in our district to better serve our primary purpose? *public outreach, supporting GRs/business meetings, holding workshops, creating fellowship activities, contacting community orgs to introduce ourselves.*

If your group has this discussion, please take notes and email me (Kate) at chairperson@nhal-anon.org. I'll compile the notes and share them with the AWSC (Area World Service Committee) at the August 12th meeting.

Thank you for your input!

Peterborough Monday Night Al-Anon Group **39th Anniversary**

Monday, July 30th, 2018 6:45pm-8:15pm
United Methodist Church
43 Concord Street, Peterborough, NH
Al-Anon and AA Speakers

Enjoy potluck finger food and refreshments
All food contributions are welcome
Raffle prizes



Are you going to the International Convention?

Please contact Nancy D
delegate@nhal-anon.org

Nancy would like to gather a list of all who are planning to go to the International Convention. Perhaps NH Al-Anons and Alateens could meet up while in Baltimore!



Convention goes...
Please share your reflections after the Convention at alanews@nhal-anon.org. Your thoughts about workshops, people you meet, the world wide fellowship of Al-Anon are all welcome.

"Just for tonight"

The **Dover Tuesday night** meeting will be cancelled just for the evening of July 17, 2018. It will resume the following Tuesday.

Tilton Al-Anon and Alateen – Fridays from 6 to 7 PM
Greater Tilton Family Resource Center
5 Prospect Street *Bring your teens!*

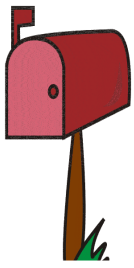
Sharings from our delegate

At the World Service Conference in May, delegates learned that the World Service Office didn't quite reach its budgeted amount for contributions last year. However, 81.8% of



WSO annual expenses per group were \$283. See <https://al-anon.org> for a full report on the World Service Conference, which is available under "members."

The WSO Media Director reported that there were 26,000 face to face meetings in North America and 23,000 virtual meetings last year. Communication is evolving, with more online contact.



Before you mail your group contribution to Area 35...

Group and district treasurers are asked to make all donations to Area 35 payable to NHAFG Area 35. The mailing address is NHAFG Area 35, P.O. Box 220, Concord, NH 03302.
~ Garry, Area 35 Treasurer

2018 *Al-Anon / Alateen Convention* *Transformation through the 12 Steps*

October 26-28, 2018

The Margate Resort on Lake Winnepesaukee
26 Lake Street
Laconia NH

We are planning a full weekend of recovery that includes dynamic speakers all weekend, great recovery workshops, and Saturday night dancing.

Online registration through the NH Al-Anon website nhal-anon.org is open. Click your way to registration using PayPal! (The online form includes a 2.2% PayPal transaction fee.) Or you can use this link and register away: <http://nhal-anon.org/shop/> Walk-in registrations are welcome and will be \$30.00 at the door.

Don't forget to reserve your room at the Margate Resort if you are planning to stay overnight on Friday and/or Saturday. Rooms are \$119 double occupancy plus 9% tax. To reserve your room, call the Margate at: 603-524-5210. Use the code *NH Al-Anon* to get special Convention pricing for Rooms.

We'll be meeting in the hotel lobby at 3:00 pm, Friday, October 26 to HIKE WITH HANK on the Wow Trail. We'll have copies of the waiver you'll need to sign at the hotel. The Wow Trail is an easy, handicap-accessible, invigorating walk – just what you need to start a week-end of recovery!.

Yours in Service,

Vince, Ann Marie & Mary Lou

Facing Our Biases

Bias is partiality or prejudice, unfair preference for or dislike of someone. Are my own personal biases keeping me from embracing those different from myself and being open and welcoming to all?

At the May Assembly, our Delegate brought back a discussion activity and skit from the World Service Conference (WSC) called Celebrating Our Differences and Common Purposes: Facing Our Biases. If any NH Al-Anon group or District would like the materials to hold the activity in your group or District (includes skit script, discussion materials, and the "thought bubbles" we used at the Assembly), please contact us. Nancy @ delegate@nhal-anon.org or Kate @ chairperson@nhal-anon.org

In this and subsequent issues of Alanews, thought-provoking questions about this topic will be published for personal or group reflection. Take a minute and ask yourself:

How do I ensure members with visible or non-visible disabilities are welcome in my meeting?

What is my reaction when someone new appears disheveled? When someone new appears well dressed?

Is attending a diverse meeting important to me or am I more comfortable in a meeting where we are all the same? What is my reaction when someone new identifies themselves as a member of another twelve-step program? Am I willing to help them understand the concept of anonymity?

Would I be comfortable if a member brought a small child to a meeting? How about a teenager?

27th Maine Area Al-Anon Convention
"Relationships in Recovery"
August 24-26 2018

Ferry Beach Retreat and Conference Center in Saco
Alateen and AA Participation

Room registration deadline has passed but for day registration see www.maineafg.org

Acronym mania

O H I O

Only Handle It Once (it's okay to turn it over...)

The Forum Needs Your Help!

Please share about Al-Anon's three Legacies for publication in *The Forum*. While your writings on the first four Steps are always welcome, there is a greater need for sharings about Steps Five through Twelve. Especially needed are sharings on all of the Traditions and Concepts of Service.

THREE WAYS TO SHARE

1) Submit online: al-anon.org/18forumshare

2) Email to: wso@al-anon.org

3) Mail to:

The Forum

1600 Corporate Landing Parkway

Virginia Beach, VA 23454-5617



Get on the list

Email alanews@nhal-anon.org with your first name, last initial and email address to be added to the Alanews distribution list. Contributions to Alanews are also invited at the address above. Thank you.