

Area 35 World Service Committee



Alanews

Connecting New Hampshire's Al-Anon and Alateen Members

June 2018

Vol. 16, No. 6

*Are you going to the
2018 International
Convention?*



*Online Registration is Open for
2018 Al-Anon / Alateen Convention*

Unite our NH fellowship while on the road!

"Language of Love Parade"

Friday, July 6 6:30pm - 9:30pm
Festivities begin with this parade.

If you want to participate we all need to sign up individually. The sign up deadline is June 22nd.

The maximum parade number is 500 marchers in total. A few of us have already signed up.

We are hoping more are willing to join us!
We have a few ideas we are tossing around for possible costumes. Hats? Shirts? Pins?
Have any thoughts or ideas? Perhaps a lunch to discuss??

**Please contact Nancy D
delegate@nhal-anon.org**

Nancy would like to gather a list of all who are planning to go to the International Convention, marching or otherwise. Perhaps all from NH could meet up while in Baltimore!



The four groups that meet at
St. Joseph's Hospital
172 Kinsley Street
Nashua, N.H.
and Millette Manor
invite you

Anniversary Celebration

Thursday, June 14 7 to 9 P.M.

Carl Amilio Room (on the ground floor)
Speakers at 7:30 PM* Food * Fellowship
Directions available at the front desk

The Dover Tuesday night meeting has been cancelled for the night of July 17th *only*, as the church needs the space.

Transformation Through the 12 Steps

October 26-28, 2018

The Margate Resort on Lake Winnepesaukee
104 Grand Summit Road
26 Lake Street
Laconia NH

We are planning a full weekend of recovery that includes dynamic speakers all weekend, great recovery workshops on Saturday, and Saturday night dancing,. Also, for those of you staying at the hotel, bring your bathing suit - The Margate has a heated swimming pool. Rooms are filling up fast, so book your room soon!

Online registration through the NH Al-Anon website, nhal-anon.org, is open. Click your way to registration using PayPal! (The online form includes a 2.2% PayPal transaction fee.)Or you can just click on this link and register away: <http://nhal-anon.org/shop/> Walk-in registrations are welcome and will be \$30.00 at the door.

Don't forget to reserve your room at the Margate Resort if you are planning to stay overnight on Friday and/or Saturday. To reserve your room, call the Margate at: 603-524-5210. Use the code *NH Al-Anon* to get special Convention pricing for Rooms. Room price at Margate is \$119 plus 9 % room tax for a double room.

Yours in Service,

Vince, AnnMarie & Mary Lou



Today's acronym:

Thoughtful, Honest, Intelligent, Necessary, Kind
THINK about actions and words .

We need your ideas!

From our Area Chairperson

There was a discussion started at the NH Area May Assembly called Focusing on our Future: what can we be doing to better serve our primary purpose? We shared some thoughts like more public outreach ideas, sponsorship discussions, fellowship activities, making our group accessible, and positivity about service.

I'm asking NH Al-Anon members to consider bringing this discussion to your group at your next business meeting so we can gather even more ideas.

Or if you hold your business meeting monthly, perhaps you could break the topic down into smaller chunks like this:

June - What can we be doing in our group to better serve our primary purpose?
welcome newcomers, healthy group, good directions to meeting, literature for purchase, phone lists, sponsorship discussions, group inventory, group service, participation

I put some suggestions there to help start off the conversation.

If your group has this discussion, please take notes and email me (Kate) at chairperson@nhal-anon.org. I'll compile the notes and share them with the AWSC (Area World Service Committee) at the August 12th meeting. Thank you for your input!



Facing our Biases

Bias is partiality or prejudice, unfair preference for or dislike of someone. Are my own personal biases

keeping me from embracing those different from myself and being open and welcoming to all?

At the May Assembly, our Delegate brought back a discussion activity and skit from the World Service Conference (WSC) called Celebrating Our Differences and Common Purposes: Facing Our Biases. If any NH Al-Anon group or District would like the materials to hold the activity in your group or District (includes skit script, discussion materials, and the "thought bubbles" we used at the Assembly), please contact us. Nancy @ delegate@nhal-anon.org or Kate @ chairperson@nhal-anon.org

In this and subsequent issues of Alanews, thought-provoking questions about this topic will be published for personal or group reflection. Take a minute and ask yourself:

- How do I feel if I walk into a meeting and everyone looks different from me?
- How do I feel when a member shares their experience with a Higher Power different than mine?
- Where do I usually sit in my home group? How do I feel if someone is in "my" spot?
- How often do I get out of my comfort zone and talk to someone before or after a meeting?
- Do I believe I can learn and grow by listening to someone much older or younger share?



New! Hope and Understanding for Parents and Grandparents (P-94)



This new pamphlet includes a description of the challenges facing parents and grandparents of young problem drinkers, as well as a wide variety of inspiring personal stories. It also includes a section on how parents and grandparents apply the Twelve Steps.

One Day at a Time Special Edition – This reprint will be available only at Al-Anon's International Convention 2018, Friday, July 6-Sunday, July 8 Baltimore Convention Center. See www.al-anon.org for registration.

39th Anniversary

Monday, July 30th, 2018
6:45pm-8:15pm

United Methodist Church
43 Concord Street, Peterborough, NH
Al-Anon and AA Speakers
Enjoy potluck finger food and refreshments
All food contributions are welcome
Raffle prizes



"The beginning of love is to let those we love be perfectly themselves and not to twist them to fit our own image."
~ *One Day at a Time in Al-Anon*