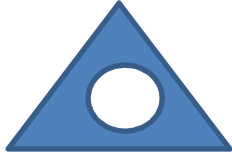


# Area 35 World Service Committee



# Alanews

## Connecting New Hampshire's Al-Anon and Alateen Members

February 2018

Vol. 16, No. 2

### From our Delegate ~ Love Gifts

The 2018 World Service Office Conference will be held April 16 to 20, 2018 in West Harrison, New York. Our delegate, Nancy, will attend.

To thank delegates who come from other districts, participants bring *Love Gifts* from the district they represent. Love Gifts are put together by Group/District members who with either bring them to our Delegate at the March Assembly, or mail to the hotel where the World Service Conference is located. (noted above) Delegates attend the World Service Conference and bring Love Gifts from their respective state to share with other Delegates attending the conference. Nancy will bring back to the May Area Assembly Love Gifts from other States to share with our Groups. District Reps have been provided with detailed mailing information.

Please share the conference dates with groups so members can create small favors representing our Al-Anon spirit of sharing hope. These gifts need not be fancy, but they're always from the heart.



### From Garry, our Area 35 Treasurer:

Beginning now, group and district treasurers are asked to make all donations to Area 35 payable to **NHAFG Area 35**. The mailing address is NHAFG Area 35, P.O. Box 220, Concord, NH 03302.

Does your group have an announcement for Alanews? Do you want Alanews delivered to your email box? [Alanews@nhal-anon.org](mailto:Alanews@nhal-anon.org) is the address for both.



### 2018 NH Area Assembly Dates:

Saturday, March 17, 2018 - Dover  
Saturday, May 19, 2018 (Concord Hospital or District host)  
Saturday, October 20, 2018 (District host needed)

Area Assemblies bring together Group Representatives to vote on matters affecting all groups in the Area. Al-Anon is run from the ground up, so these are important meetings. If your District can host an Assembly, please contact [chairperson@nhal-anon.org](mailto:chairperson@nhal-anon.org).

### From our AA Liaison

The AA Convention is being held at the North Conway Grand Hotel from April 6 - 8, 2018. There will be speakers and AA workshops throughout the weekend with Al-Anon workshops on Saturday. On Saturday, April 7, there will also be a hike.

I am looking for Al-Anon members to **volunteer** to facilitate the following workshops on Saturday April 7<sup>th</sup>:

#### 1. Navigating the Al-Anon road by focusing on ourselves leads us to serenity.

"I am constantly reminded that when I lose sight of my spiritual program and allow my ego to take control of my thoughts and practices, I tend to cross over that yellow line and find myself in my loved one's business or bringing harm to others." (Richard L. Washington from Washington - "Avoiding the Yellow Line," Nov. 2017 Forum Pg. 6 - 7)

#### 2. Avoiding pot holes in the Al-Anon Road by having an attitude of gratitude.

"Was I grateful in the early days when I came defeated into these rooms? No. Was I grateful for the epidemic of this cunning, powerful, baffling disease in my family? No. Yet I have survived and flourished. I am grateful that I did what I had to do to get to where ---- and who ---- I am today." Pg. 151 **Hope for Today**

Please e-mail me at [aaliation@nhal-anon.org](mailto:aaliation@nhal-anon.org) if you are interested in helping.

Attending this convention is a valuable way to learn more about the disease of alcoholism.

In service,  
*Beaddie*

### Service opportunities ~

**District 1 representative**

**Group Records Coordinator (Internet and standard software comfortable ~ the rest will be explained and supported.)**

Contact [chairperson@nhal-anon.org](mailto:chairperson@nhal-anon.org)



**Al-Anon's 2018 International Convention**  
**Friday July 6 – Sunday July 8, 2018**  
 Baltimore Convention Center  
 1 W. Pratt Street  
 Baltimore, MD

Registration is open online or by mail. See the website  
<https://al-anon.org/al-anon-international-conventions/>



The Al-Anon World Service Office has opened a confidential, anonymous member survey and invited all Al-Anon members to participate. It's simple and straightforward. Let's put New Hampshire on the map with strong survey participation. Go to [www.al-anon.org](http://www.al-anon.org) and select "members" on the header. The survey closes February 27.



**A Word About a Word**

"The word *qualifier* is a clinical term, not an Al-Anon term. Its use should be discouraged." (District 40 meeting notes. June

12, 2014, Honeycutt Farms, Murietta, CA.)  
 Why the fuss about a word? I've accepted the practice of making verbs into nouns. But through a discussion following the 2017 Area 35 Convention I learned that using this term to describe a loved one whose drinking affected me may have unintended consequences. I was once a confused newcomer. Had I heard *qualifier*, might I have wondered what I had to do to qualify? Did I belong? I discovered that my *motivator*, the person whose drinking moved me to join Al-Anon, wasn't the only problem drinker in my life. I'm glad the Al-Anon vocabulary was simple when I showed up. I'm still with *the alcoholic*, and I'm grateful. Chris H.

*Gratitude to our trusted servants*

At the January 21 NH Al-Anon World Service Committee meeting, two new volunteers were confirmed. If you attended the 2017 NH Al-Anon Convention, you might have been greeted warmly by Jack, the new 2018 Convention Chair. Bonnie, who travels south from District 6 to AWSC meetings, will be our Answering Service Coordinator. *There is still an opportunity for you* – Jean F. is temporary Group Records Coordinator, but a permanent volunteer is necessary. This important service position tracks changes in meeting schedules and sites. Simple data entry with WSO input is at the core of Group Records.

*2018 Area 35 Convention notes*

A preliminary meeting of the 2018 Convention Committee launched a search for the site and plans for a theme. Jack M. is the Committee's Chairman, with Beaddie G. as Secretary and Vince D. as Treasurer. Others on the Committee are Diane - Entertainment Chair, Darlene O. - Ways and Means, Anne Marie T. - Literature, and Theresa H.-Angel. The group met recently in the Wentworth Douglas Hospital cafeteria, and next month's Alanews will contain a convention update.

Meanwhile, two positions are open: Program Chair and Hotel Liaison. You are encouraged to support this enthusiastic team by stepping up at [convention@nhal-anon.org](mailto:convention@nhal-anon.org).

**Please join us at the Wednesday Night Rochester Al-Anon Group**

**for our 32nd Anniversary Meeting**  
**March 7, 2018**

Trinity Anglican Church  
 180 Rochester Hill Road  
 Rochester, NH 03867

Pot luck at 6:30 PM  
 with speakers starting at 7:15 PM  
 50/50 Raffle



**Around New Hampshire Area 35**

District 6 reported low attendance last month. Outreach is ongoing through North Country Health Care.  
 District 7 created bookmarks listing meetings and Al-Anon contact

Information. **Antrim's 3<sup>rd</sup> anniversary** will be February 7 beginning at 6:30 at 42 Main Street, Antrim, with a pot luck. Al-Anon and AA speakers follow.

District 8 reports the need for Alateen in Milford. In district 9, Alateen meets in the Kingston Public Library at 4 PM Wednesdays. District 10 continues outreach at the Farnum Center in Manchester. District 12 outreach continues through Portsmouth Community Campus.