

Other Fellowship Activities

In the Owl's Nest

Reiki

The Labyrinth

God Box

Individual Meditation

Yoga

Guided Meditation

Other scheduled events

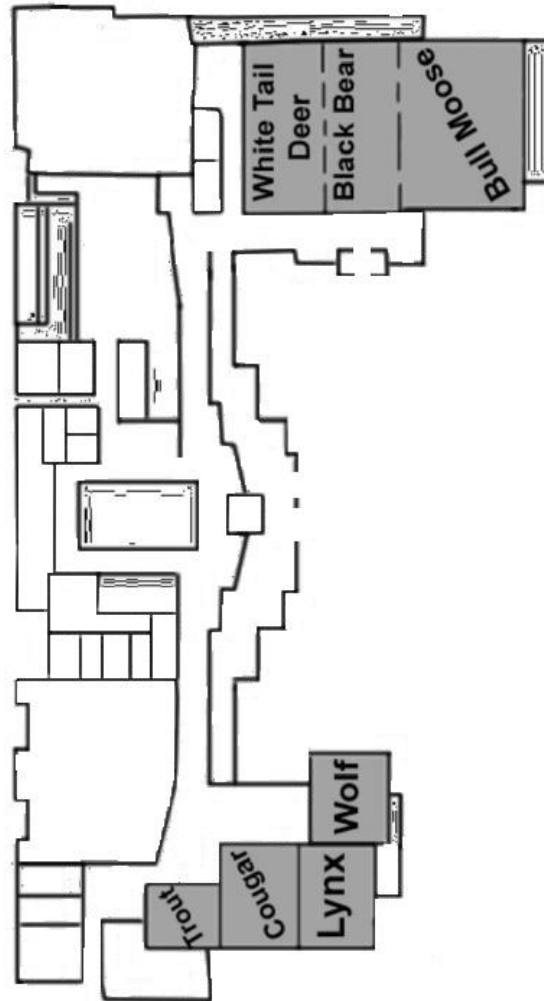
Ice Breakers

Saturday Dinner

Entertainment

Dance

Hotel Map



Serenity room activities in Owl's Nest on the second floor.

Wisdom in the Mountains

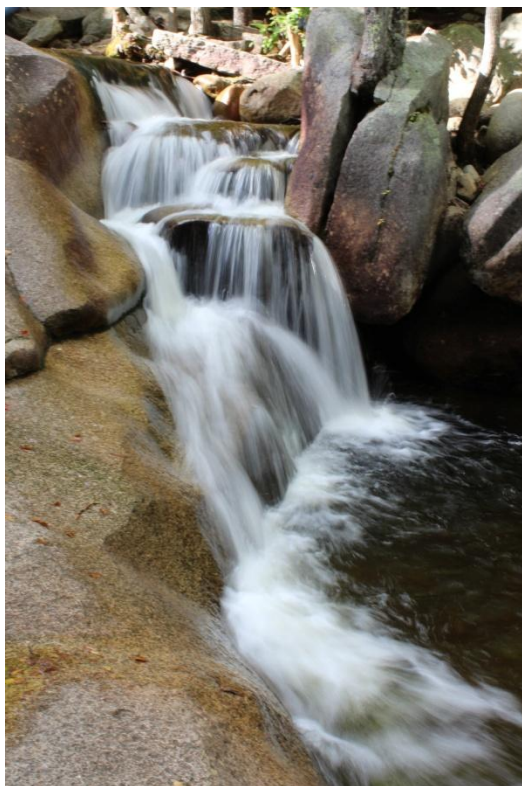


September
15 - 17, 2017

Attitash Grand Summit Hotel
34th NH Al-Anon and
Alateen Convention with
AA participation

Friday

- 3:00pm **Registration Opens**
3:00 - 5:00pm **Diana's Bath Walk**
5:00 - 6:30pm **DINNER ON YOUR OWN**
Bring your dinner to Hospitality and visit with new friends
6:30 - 7:30pm **Early Meeting**
Al-Anon Cougar
7:45 - 8:00pm **Welcome**
8:00 - 8:15pm **Skit**
8:00 - 9:00pm **Speakers**
AA - Courtney
Al-Anon - Marcia M
10:00 - 11:00pm *Night Meeting*
Al-Anon Cougar
A.A. Trout



Saturday

- 6:00am **Registration Opens**
7:00 - 8:00am **Yoga** Owls Nest
7:00 - 8:30am **Breakfast**
8:30- 9:00am **Welcome**
9:00 - 10:00am *Speakers Panel with Discussion*
10:15 - 11:15am *Workshops*
Suggested Do's and Don'ts
White Tail Deer
A Gauge for Growth – 20 Questions
Cougar
Just for Today Black Bear
Facing our Fears - A.A. Trout
11:30am -12:45pm **Lunch**
12:45 - 1:00pm **Skit**
1:00 – 2:00pm *Speakers Panel with Discussion*
2:15 - 3:15pm *Workshops*
Maturity Checklist
White Tail Deer
Detachment Cougar
What is Serenity? Black Bear
Willingness is the Key - A.A. Trout
3:30 - 4:30pm *Workshops*
Self Esteem White Tail Deer
Attitudes Cougar
Relationships Black Bear
Behavior – Inside and Out - A.A. Trout
4:30 – 5:30pm **Free Time**
5:30 – 6:45pm **Dinner**
6:45 – 7:45pm **Skit, Raffle, and Sing-a-long**
8:00 - 9:00pm **Speakers**
AA – Lyndsey W
Alateen – Joseph D
Al-Anon – Scott L
9:00 - 12:00am **Pool Party/Dance**
10:00 - 11:00pm *Night Meeting*
Al-Anon Cougar
AA Trout

Sunday

- 6:00am **Registration Opens**
7:00 - 8:30am **Yoga** Owls Nest
7:00 - 8:00am **Breakfast**
9:00 - 10:00am **Welcome and Speaker**
Al-Anon - Donna S
10:00 – 11:00am **Serenity Walk**
12:00pm – **Hotel Checkout**

****Hospitality Room****

Hospitality is located in Wolf room.

Just a reminder – Friday night there are no meal options. There is a restaurant in the hotel and local restaurants nearby. All attendees are welcome to bring their homemade or take-out dinner into the hospitality room for fellowship.

****Ways and Means Room****

Ways and Means is located in the Lynx room.

****Literature Room****

Al-Anon Conference Approved Literature (CAL) will be available for purchase in the Lynx room.

